

# ONE FOLD SCISSOR ART

(For ages five to one hundred plus)



CREATED BY DOROTHY A. SMITH, B.S., M.A., ED.

#### Acknowledgements

I give my heartfelt thanks to David R. Turner, of Fort Bragg, California, for his patient and tireless assistance helping me prepare these three books of patterns. He applied his technical skills scanning and transferring information to a disc. He also took the digital pictures for Book III. Without his expertise and business advice I could not have accomplished the finished manuscript for publication, promotion and distribution. Many thanks!

There were many who took the time to use and experiment with these patterns in the classroom, community center and art classes. I want to thank all of those people,

Teachers
Counselors
Students
Artists
Quilters
Senior citizens

for the enthusiasm and encouragement they provided me to continue with this project. Many thanks!

And I thank YOU too, the buyer of this book, for daring to be creative and for expanding the idea of visualization and revisualization, and for the elaboration of a very simple skill, cutting and creating with a scissors. Many thanks!

1-fold.com

# ONE FOLD SCISSOR ART

### For

Teachers, Leaders, Students, & non-students for use from childhood through adulthood

# ONE FOLD SCISSOR ART

(For ages five to one hundred plus)

### BOOK I TWENTY-FIVE SIMPLE PATTERNS

BOOK II TWENTY-FIVE NOT SO SIMPLE PATTERNS

BOOK III SEVENTEEN SIMPLE PATTERNS FOR MULTI-FOLDS AND MULTI-CUTS

Created by Dorothy A. Smith, B.S., M.A., ED.

## ONE FOLD SCISSOR ART

### BOOK I

TWENTY-FIVE SIMPLE PATTERNS







#### ONE FOLD SCISSOR ART

#### CONTENTS

Table of Contents	11
Introduction	
Reasons for Scissor Art	iv
Who can use Scissor Art	V
Technique for cutting One Fold Scissor Art	vi
Directions for ALL One Fold Cutting	vii
_	
SIMPLE PATTERNS IN ALPABETICAL ORDER	
A	1
Acorn	
Anchor	
Angel	
Basket	
Bird House	
Castle	
Christmas Tree	
Dragonfly	8
Easter Egg	9
Frame	10
Ghost	11
Heart	12
Ice Cream Cone	13
Masks	
Bear Mask	14
Cat Mask	15
Dog Mask	
Mouse Mask	
Pilgrim Boy Head	
Pilgrim Girl Head	
Pumpkin	
Shamrock	
Snowman	
Star	
Tulip	
Umbrella	
UIIIUICIIA	25

#### INTRODUCTION

#### One Fold Paper Cutting Art (Creative Cutting)

Creative cutting is drawing with a scissors. With One Fold Paper Cutting you are working with the right side of the brain, and what seems silent can be stimulated to function similar to that of an artist involved in a work of art. What you create with a scissors is a "one of a kind" in appearance and it will represent your technique in cutting just as any artist has their own style. The more you practice paper cutting, the more your style will develop and shine through.

When you begin you will want to have an image, a picture of what you want to cut into creation. To look at a picture or pattern or to even use a pattern is the beginning of what is called *visualization*. Your real creativity with "one fold cutting" will occur when there is no pattern or picture to look at or to follow. The right side of the brain will take over and your creativity will grow from your ability to *visualize* or *revisualize* any image. Because no two people form identical mental images, (similar but not identical) no two cuttings will be identical. Thus, what you cut from memory will be an original, a "one of a kind" creation.

The memory system relies upon *visualization*. Good visual memory can be attained through conscious observation and scrutiny of detail. By looking, sensing and paying closer attention to the way things are, *mind pictures* are formed and mental connections are made. Your memory is a reservoir of images and sensory impressions. It can be stimulated and channeled into expression even with a scissors.

Once you get the hang of One Fold Paper Cutting you will become more aware of how much you can create just by paying more attention to everything around you. You will be looking at things in halves. You will be asking yourself, *Is it equal on both sides? Can I fold it in half and just cut the right side? I wonder if I can do it? I'll try.* For example, it will take much turning of a piece of paper as you hold the fold and cut a winter tree (one without leaves) into creation. When you open the paper it will be exactly the same on both sides. It does look like a tree, yet you know trees are not identical on the right and left sides, so what. You will have created your own tree even if it does not conform to nature's tree. You *revisualized* just the right half of a tree in your memory. You have created your original tree. Unique!

A simple example is a Valentine heart. Go ahead, fold a paper, *visualize* the heart, cut it out from the bottom to the top. Simple! Unique! And that is just what you will have on every pattern that you look at and follow the outside black line of the image, your own creation. Don't give up on your first try. Keep cutting half an image.

#### REASONS FOR SCISSORS ART

Use the scissors as an art tool. It is inexpensive and readily available. So is paper.

Develop the habit of visualization. It expands the memory and keeps the *mind's eye* in tune with nature and ones total surroundings. It increases the ability to think. It improves the capacity for self expression especially when it takes on an art form.

This technique in art can offer anyone the opportunity for success and satisfaction with artistic creation.

The potential to create is ageless as is the joy associated with creativity.

The idea behind compiling this book is to *ENCOURAGE CREATIVITY*.

#### WHO CAN USE SCISSORS ART

#### CHILDREN:

Most children can be taught to use the scissors; can be challenged to create. They benefit from a guided discipline, and from using the right side of the brain to create. Plus they love using the scissors.

#### PARENTS:

When parents sit with their children and participate in the learning steps with them they encourage the creative process. They provide positive attitudes towards developing skills that feed "sticktoitiveness" and pride in creating a piece of art by using the right side of the brain

#### **TEACHERS:**

Teachers can use this technique in practically every content area as a tool for guided visual learning. It can be used in projects for every season and occasion. It is a useful and valuable aid for classroom decorating, for bulletin boards, mobiles, windows etc.. The possibilities for using the finished product go on and on. Dare to be original.

#### ANYONE:

Have you ever tried doodling with a scissors? Go ahead, fold a piece of paper, follow the directions given on the following page, test your own untapped creativity. Don't give up on your first few tries. After awhile its like riding a bicycle only easier. You can actually become an artist, a scissor artist. If you continue to improve your skills you might even create a business for yourself. Think about it.

#### TECHNIQUE FOR ONE FOLD CUTTING

#### Cutting Hand and Feeding Hand

The one skill to be performed by scissors is *CUTTING*. Correct handling of the scissors will make work effortless. Therefore, consider two labels, *CUTTING HAND* and *FEEDING HAND*. The hand holding the scissors guides the cutting, and the other hand feeds the paper into the scissors. The *CUTTING HAND* simply opens and closes the scissors forcing it to *CUT* while the *FEEDING HAND* does all of the holding on the fold and carefully turns the paper to conform to the image being cut.

#### TRY THIS:

Take a piece of paper, just any piece of paper, start feeding it into the scissors and, CUT, CUT, CUT.

Make the *FEEDING HAND* turn the paper every which way ... keep cutting ... keeping ... feeding

Cut curves, straight lines, turn corners, cut zigzag, cut circles and half circles ...

The *FEEDING HAND* is very busy doing most of the work.

One hand feeds the page.

The scissors cuts the paper.

The mind guides both.

Now you are ready to begin.

Follow the directions on the following page.

They apply to all ONE FOLD PAPER CUTTING ART.

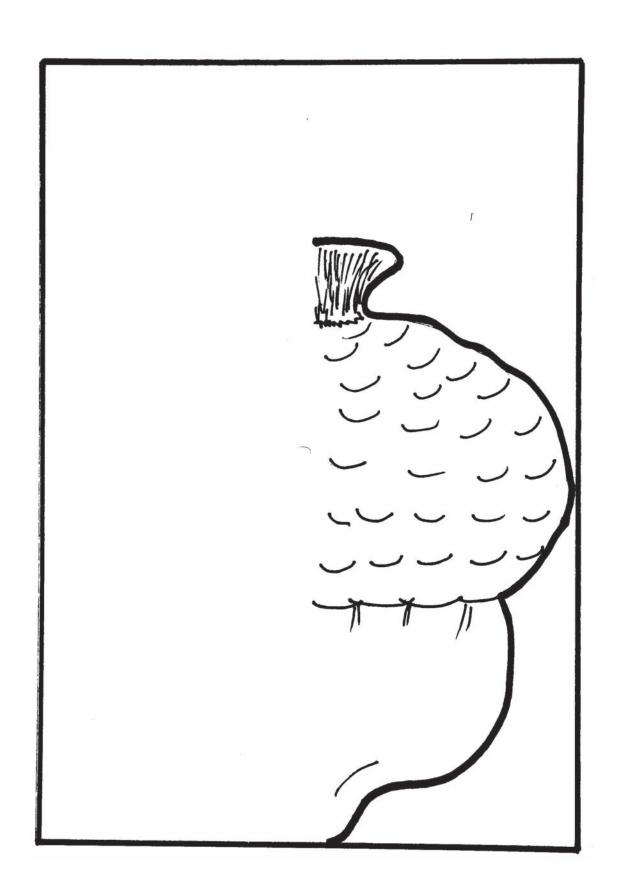
#### DIRECTIONS FOR ALL ONE FOLD PAPER CUTTING ART

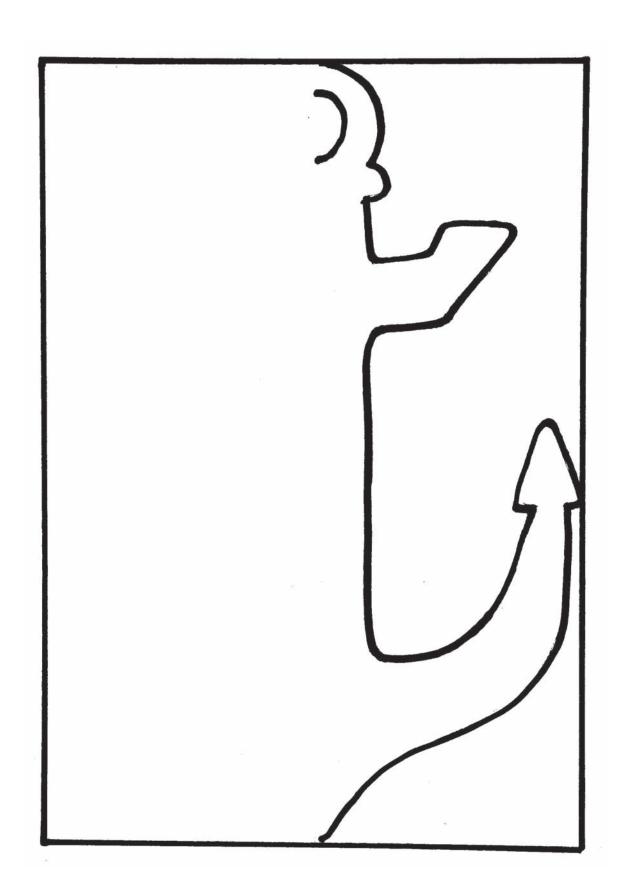
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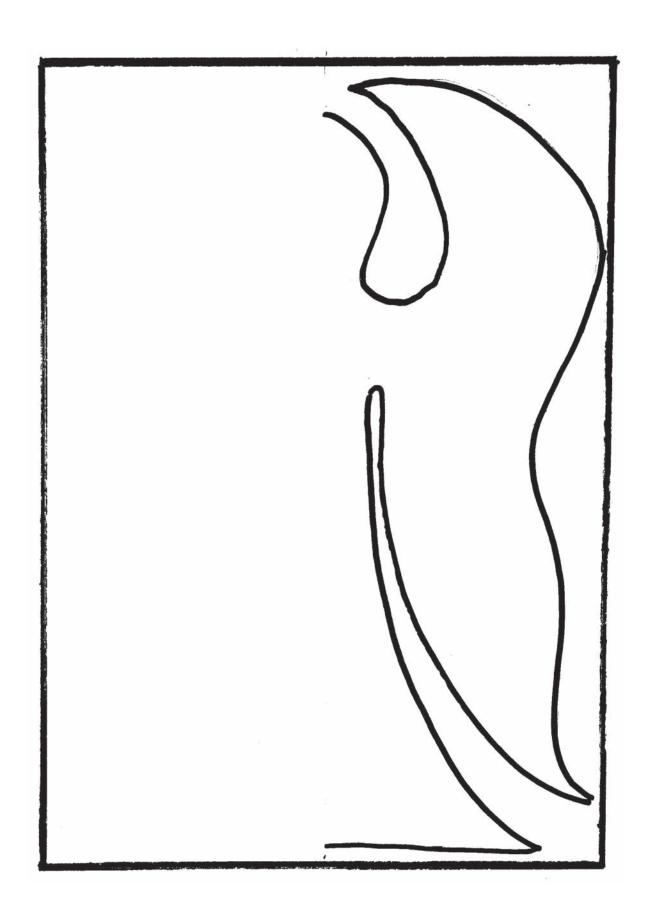
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- 2. HOLD THE FOLD (this is most important to achieve a full image) (if you don't, you will end up with two halves)
- 3. CONCENTRATE on one half view of the image if it is other than the outlined image in this book.
- 4. BEGIN to cut from the bottom of the paper.
- 5. SLOWLY CUT the outlined image until you reach the top.
- 6. CONTINUE TO HOLD THE FOLD and return to the bottom to make any final cuts on the fold to separate feet and legs etc..
- 7. OPEN THE FOLD! You have a silhouette image.
- 8. FILL IN THE FEATURES on the whole image, or leave it blank.
- 9. CONGRATULATIONS! You are on your way to becoming a SCISSOR ARTIST.

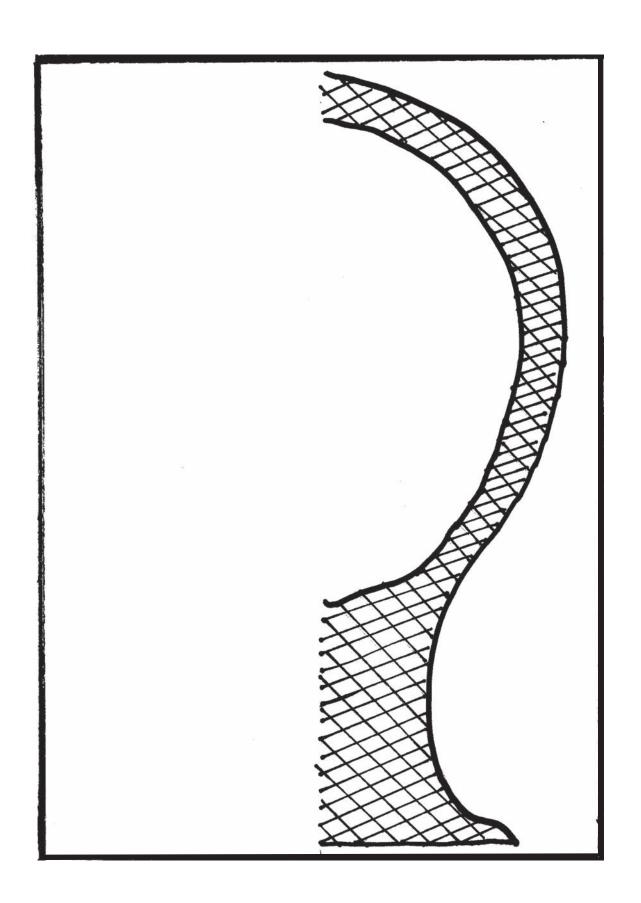
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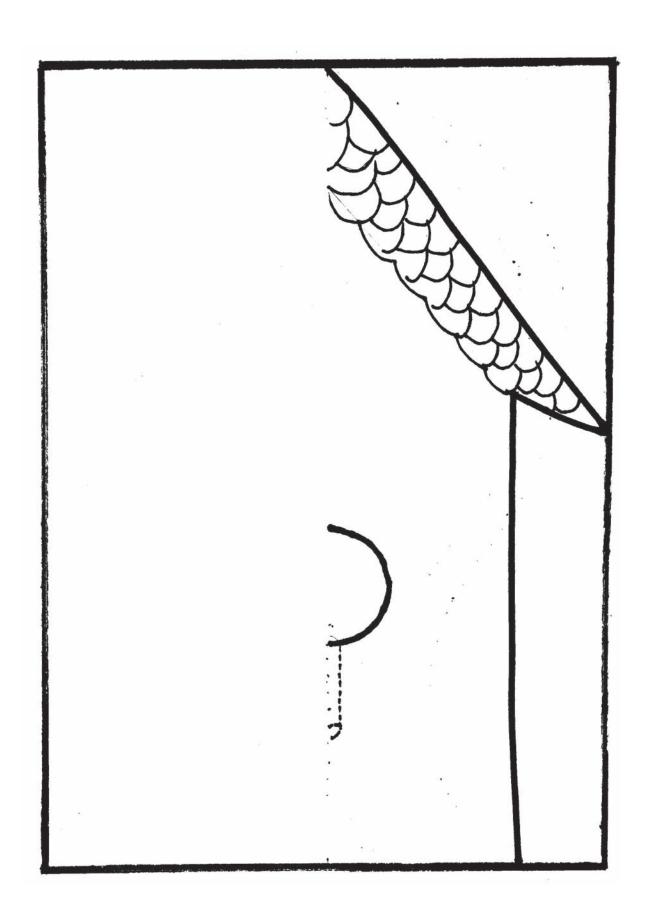
Be creative. Use newspaper, comic pages, glossy magazine pages, colored paper, wallpaper, tissue paper ... any kind of paper that you can fold evenly, just once, to any length or width. Display your finished pieces. Sign them. Frame them. Admire them.

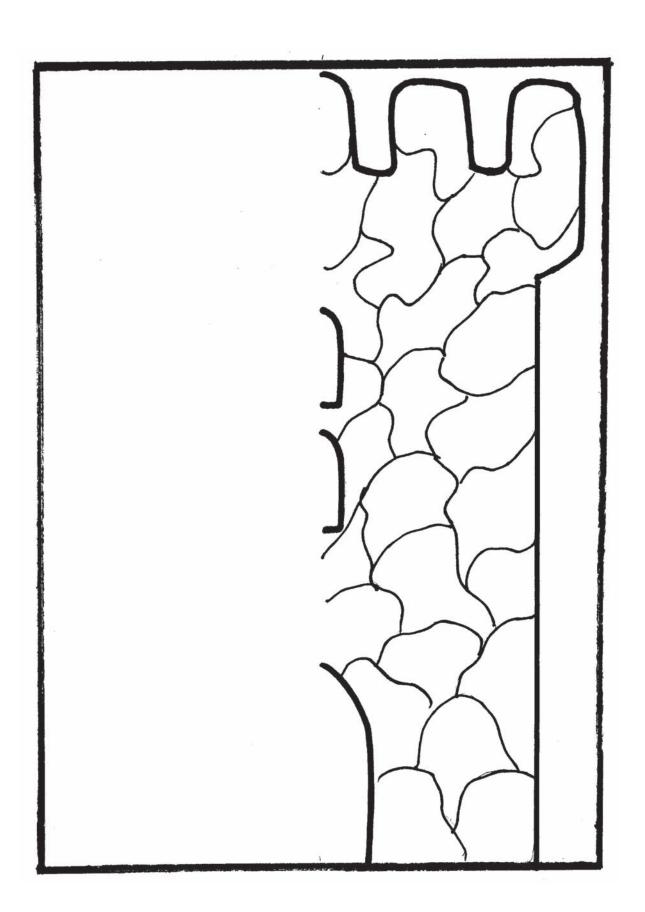


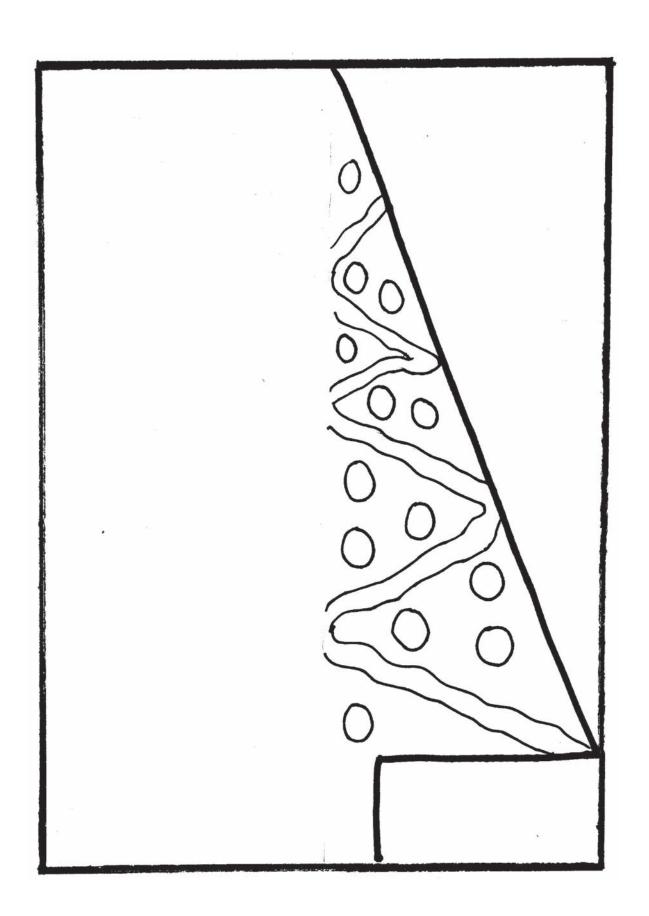


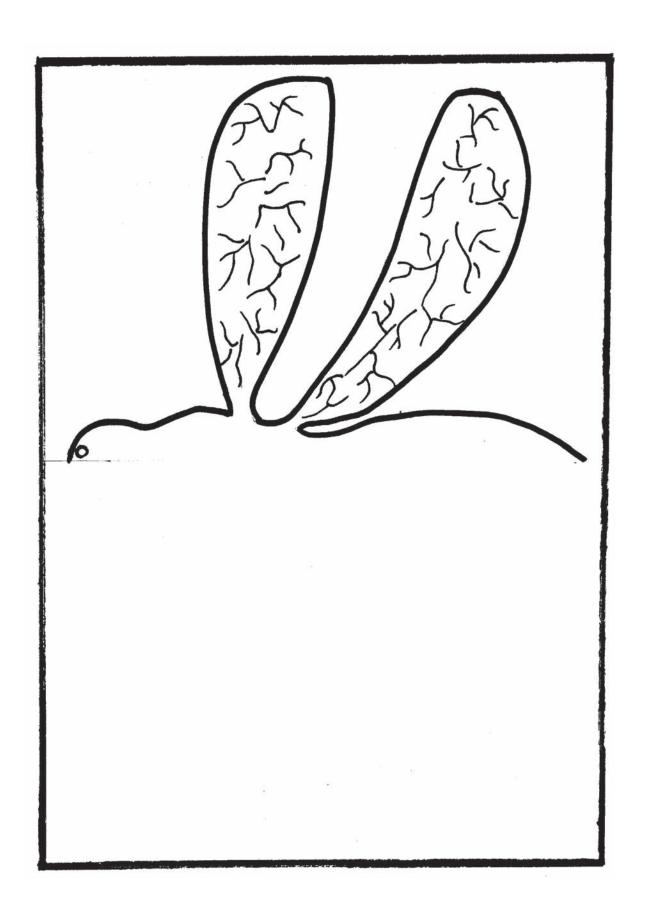


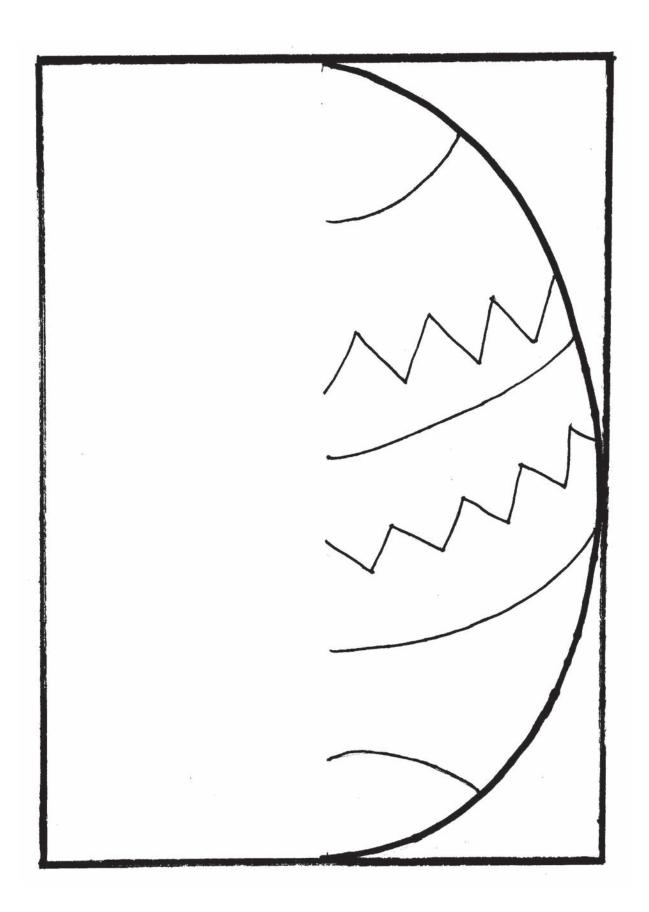


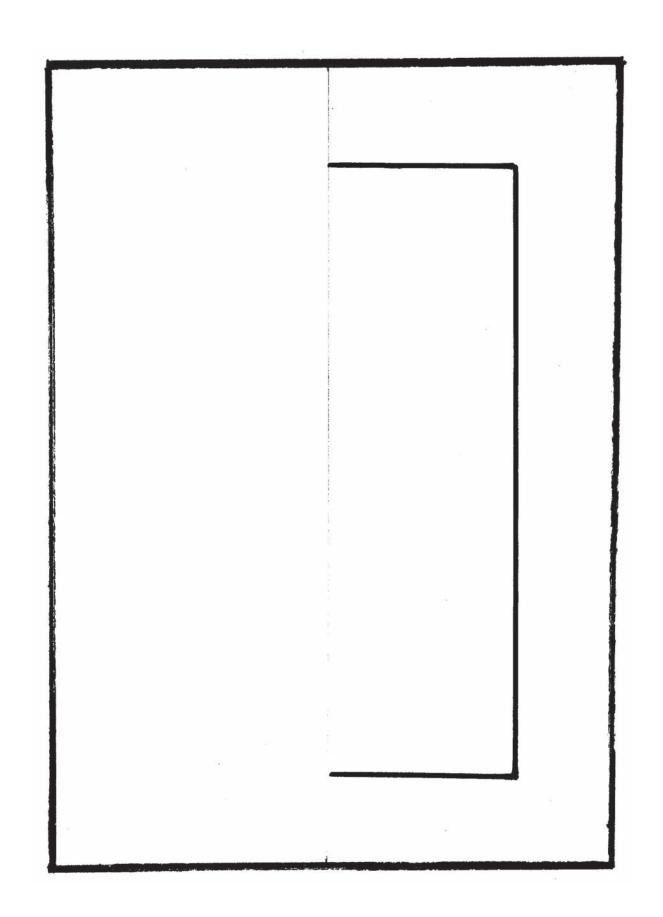


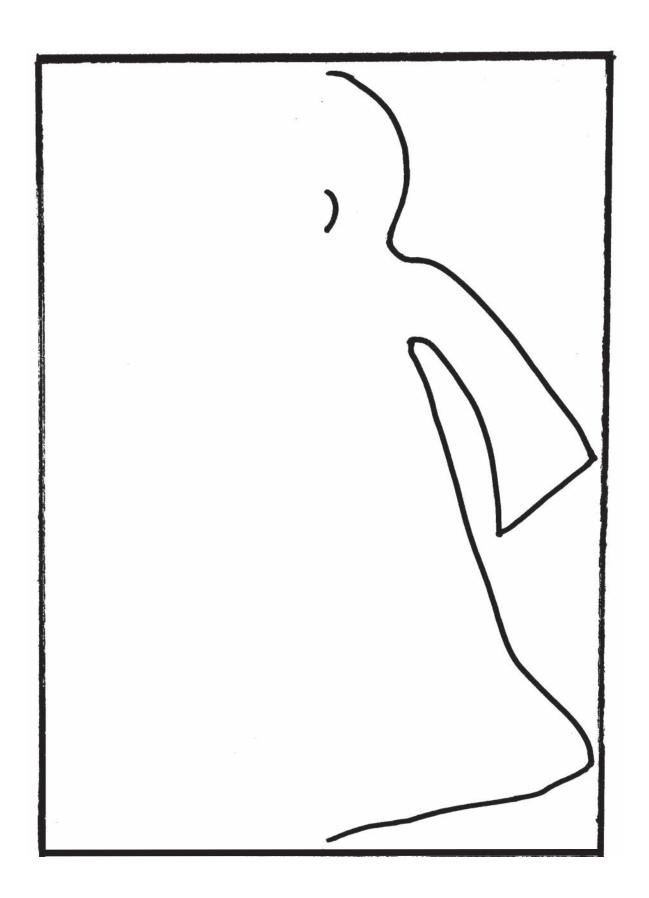


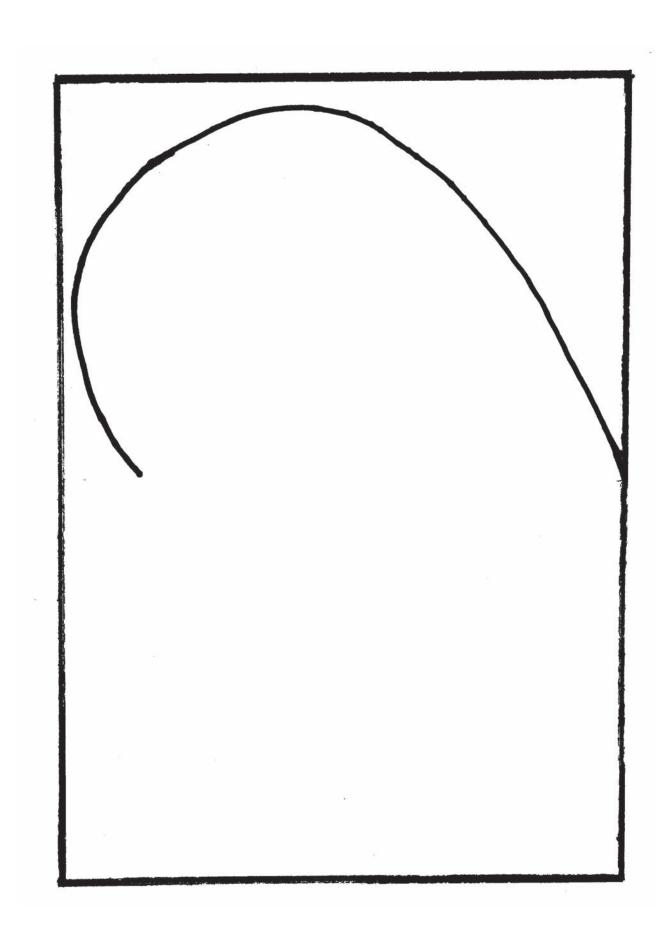


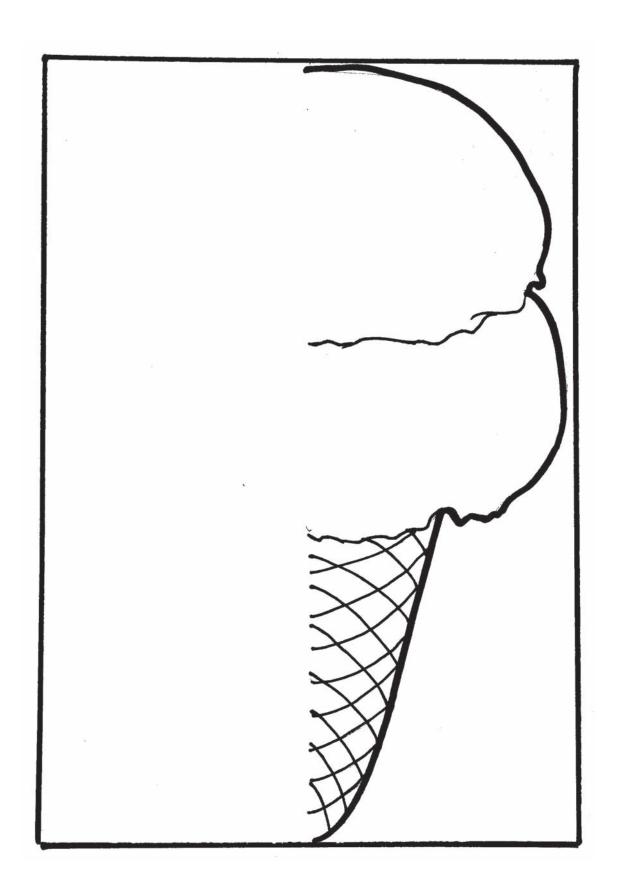






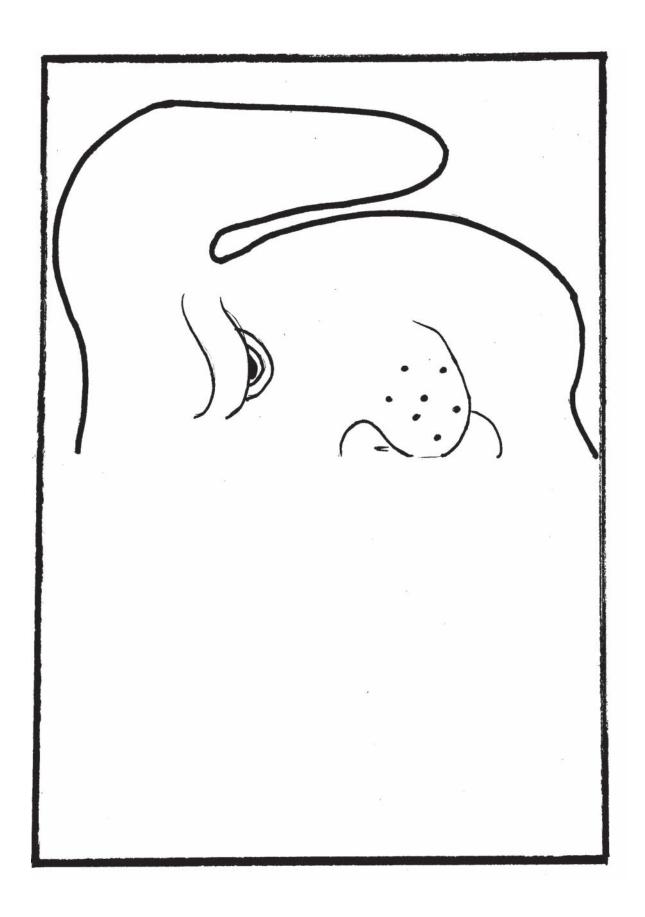




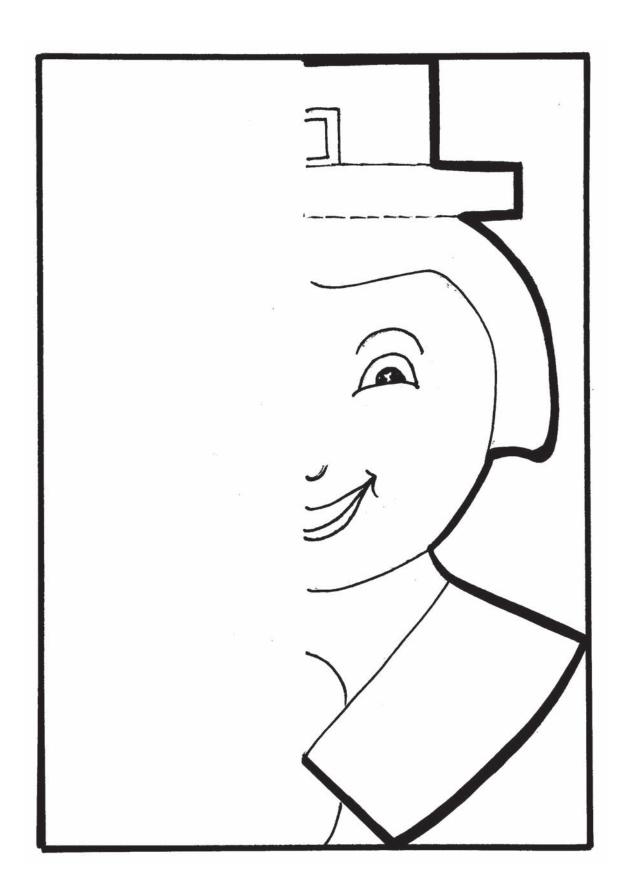


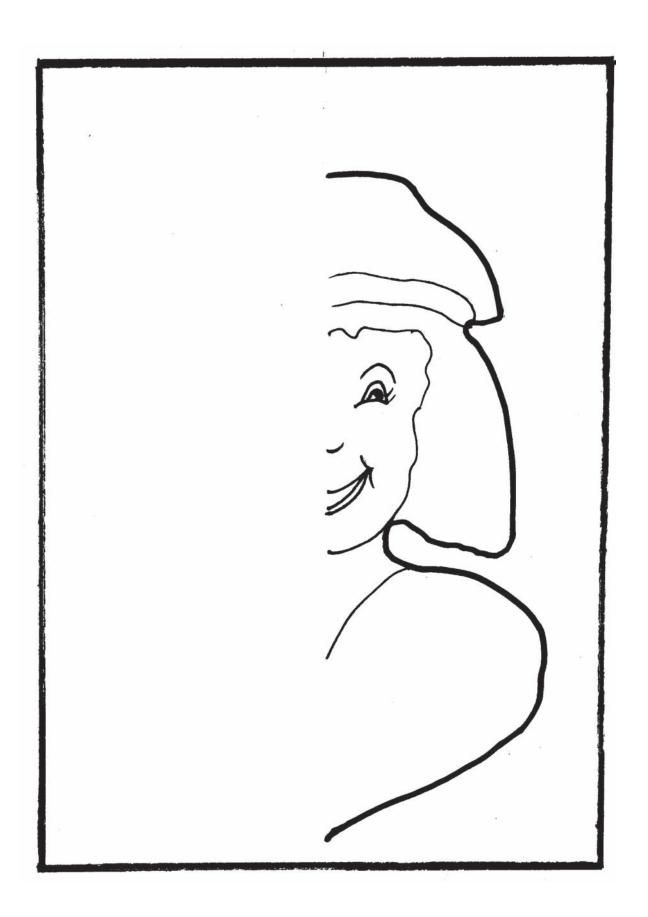


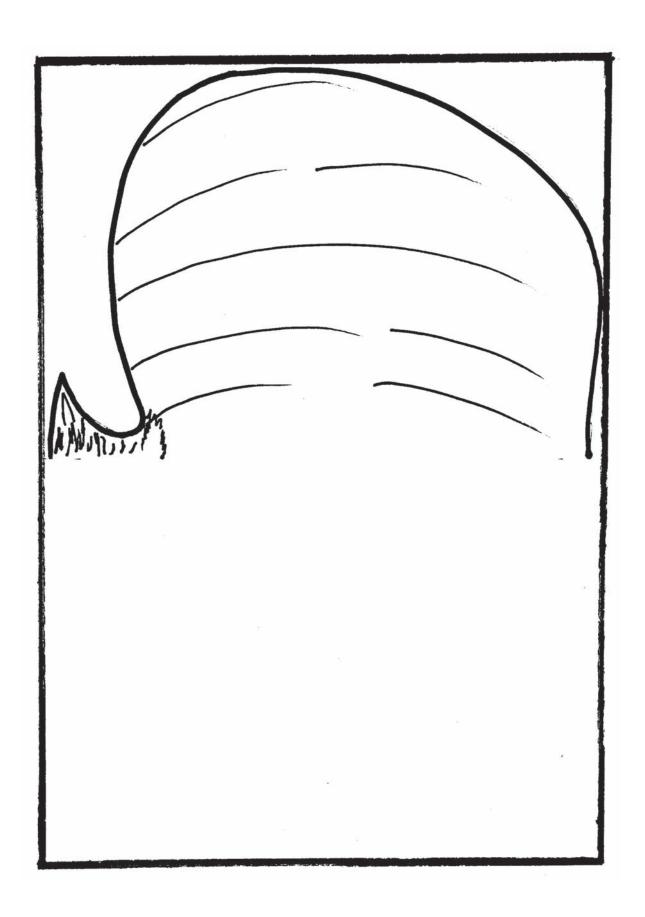


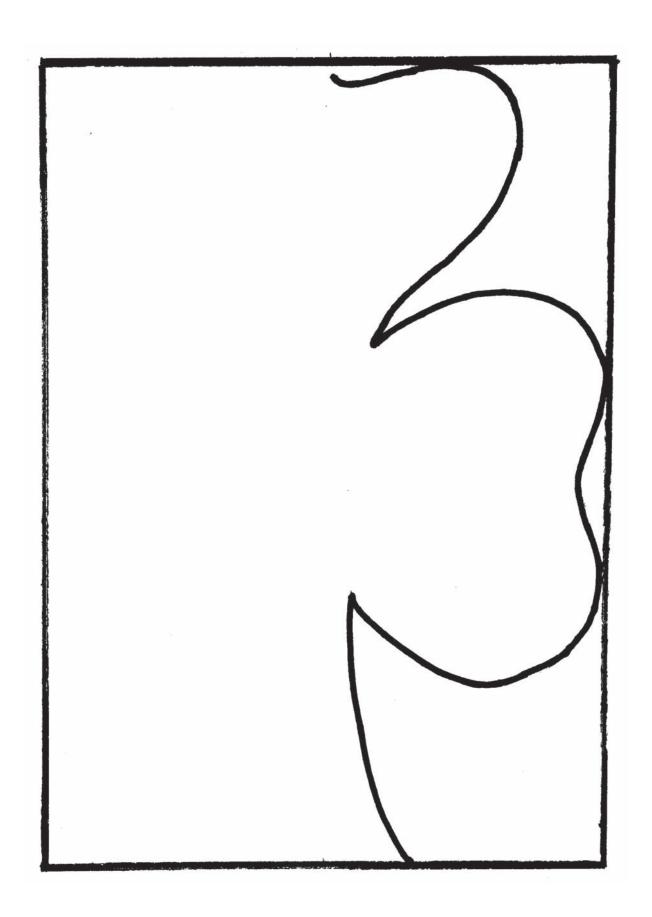


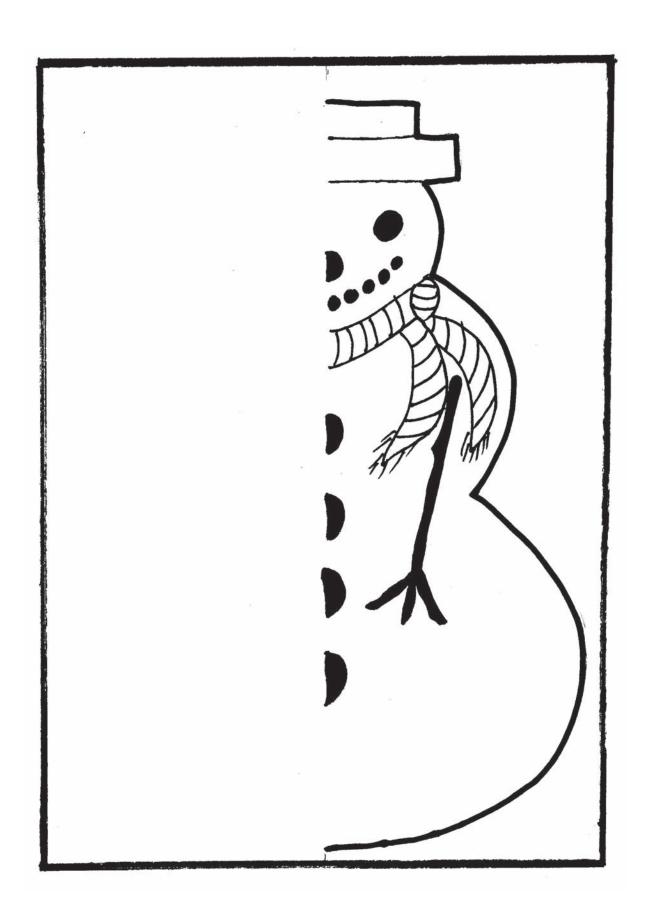


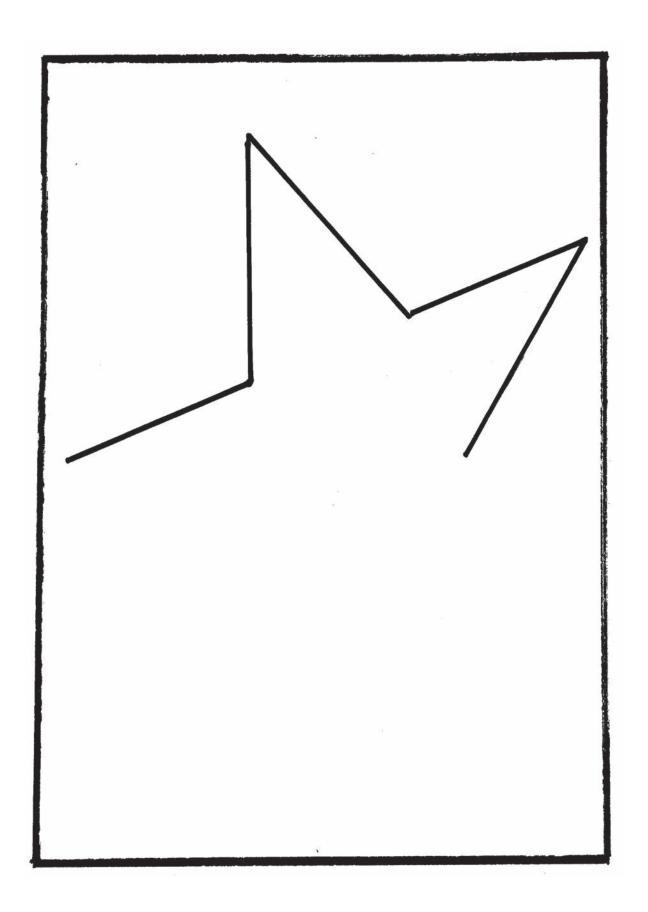


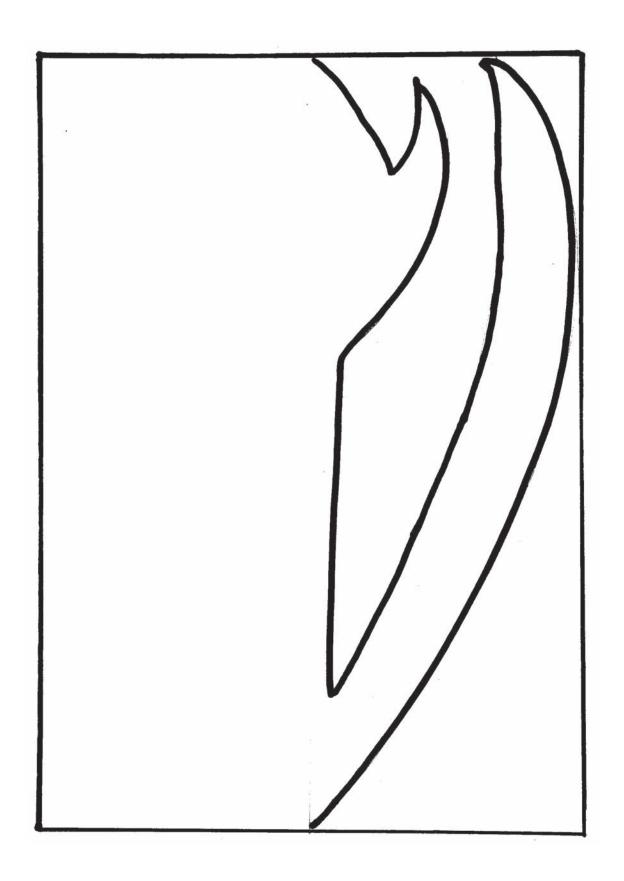


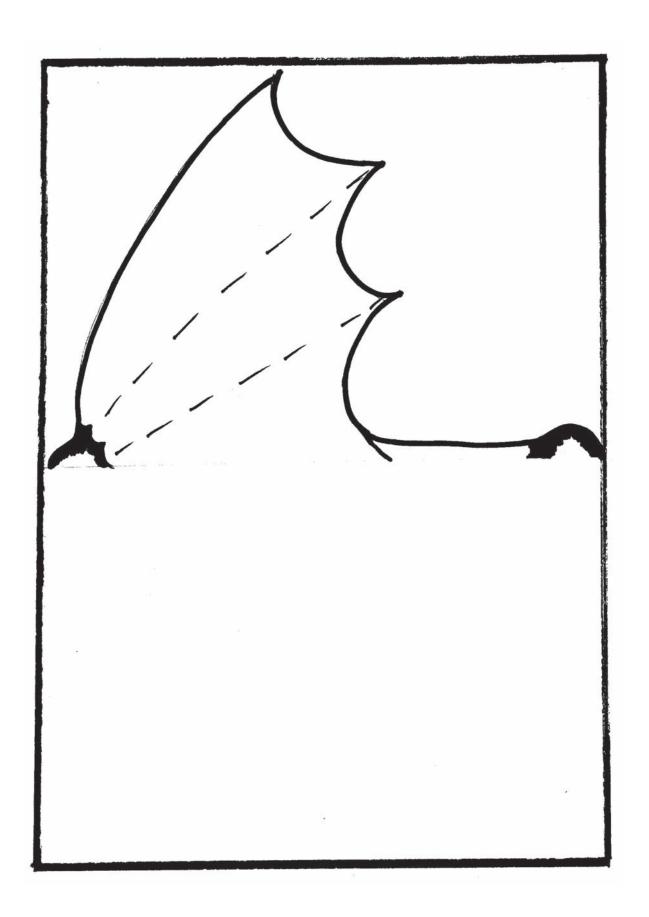


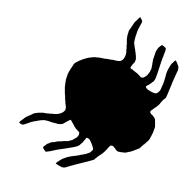












# ONE FOLD SCISSOR ART







TWENTY - FIVE NOT SO SIMPLE PATTERNS







## ONE FOLD NOT SO SIMPLE SCISSOR ART

## BOOK II

## **CONTENTS**

Table of Contents	ii
Preface	iii
Introduction	
Directions for ALL One Fold Cutting	v
NOT SO SIMPLE PATTERNS IN ALPABETICAL ORDER	
Airplanes	
Canberra (1958)	1
Early Nieuport 17 (1917)	2
Gee Bee Sportster (1931)	
Mosquito (1942)	4
Angel	5
Ballerina	6
Bumble Bee	7
Butterfly	8
Clown Body	
Clown Head	
Elf	11
Fish	
Angel Fish	
Gold Fish	
Goblin	
Jack-O-Lantern	
Lady Bug	
Menorah	
Pilgrim Boy Body	
Pilgrim Girl Body	
Rabbit	
Scarecrow	
Teddy Bear	
Turtle	
Witch	
Wreath	25

#### **PREFACE**

Welcome to Book II of One Fold Scissor Art. This book is not quite as simple as Book I because there are patterns that require many turns of the paper for arms and legs and certain curves. However, it is also not difficult. Here you will be using the Feeding Hand more often. Briefly, one hand holds the paper, the FEEDING HAND, and feeds the paper into the scissors, and the other hand, THE CUTTING HAND, holds the scissors and cuts, cuts, cuts. Just keep turning the paper with the FEEDING HAND, as you follow the image outline. Cut slowly from the bottom to the top as you HOLD THE FOLD. You will start to feel creative. Remember, you are free to make copies of the patterns if you feel you need to cut on the outlined figure. Just don't give up on yourself. Remember also that you are not confined to the size of the patterns. You can adapt these patterns to any size, long, tall, wide or short, very big and very small.

Children from five to ten years old have succeeded with the patterns in Book I. Children as young as seven and as old as eighteen have found the patterns in Book II not only fun to do but very useful for school projects from small cuttings to large pieces for stage decorations. Teachers have benefited from the teaching experience provided by the philosophy of One Fold Paper patterns in Books I and II. They have discovered how receptive their students are to this dimension and application of art. They have also found great value and economy by creating their own decorations and classroom projects without going shopping for expensive, ready made materials. Some people have even created note cards with a glued paper silhouette on the top fold. Very attractive, very personal and a note worth saving when sent to a special someone. I hope you also enjoy Book II. Book III will require more folds on the One Fold, and more intricate cutting, resulting in more creative finished pieces of Scissor Art. Keep cutting!

#### INTRODUCTION

#### A Very Brief History of Scissors Art

Here is just enough history of scissor art to make you feel comfortable learning how to do One Fold Paper Cutting. It is just enough to introduce to children of any age.

This is an ancient art craft dating back over 2,000 years. At that time the Chinese invented paper knives that were used to carve family seals. Long afterwards the scissors was invented and became the precision tool for cutting. The craft of paper cutting spread throughout India, Indonesia and Europe and eventually the world.

In Hungary and Turkey paper cut designs (of multiple folds) were used to adorn furniture. Today, templates are produced from original paper-cut designs, then carved on furniture, columns, doors, pictures frames and much more. It is an industry with finished products lovely to behold.

In Poland each generation of children is taught the paper cutting customs in their homes and the finished pieces are used to decorate their surroundings. They make the seasons look festive with their choices of colorful paper.

In Germany, the original cut silhouette is embellished with intricate cuttings throughout the silhouette, producing remarkable works of art. Today, laser technology reproduces these on greeting cards. Expensive greeting cards.

In France, paper cutting is used to produce shadow plays, an old craft. Silhouette art is till a means of making a living on the streets of Paris. Henri Matisse, the famous artist of the twentieth century, produced some of his most renowned works of art using the scissors. He was in ill health in his seventies, unable to sculpt or paint, he resorted to the *precision tool*, the scissors and cut shapes and forms for large canvas. They can be seen all over the world in museums, universities, Basilicas and monasteries.

In the United States of America and Great Britain, it is not unusual to find an artist, a scissors artist, in a shopping mall cutting out profiles of appreciative shoppers who pose for the paper cutting art. The silhouettes are often framed and treasured.-

Today, paper cutting requires very little education, but ongoing practice to keep the art alive. It is a craft not reserved for the few but for those who dare to be challenged to learn it, have fun with it and even perfect it. There has always been a future for Scissors Art, a learning future, an artistic future, even a business future. Keep cutting!

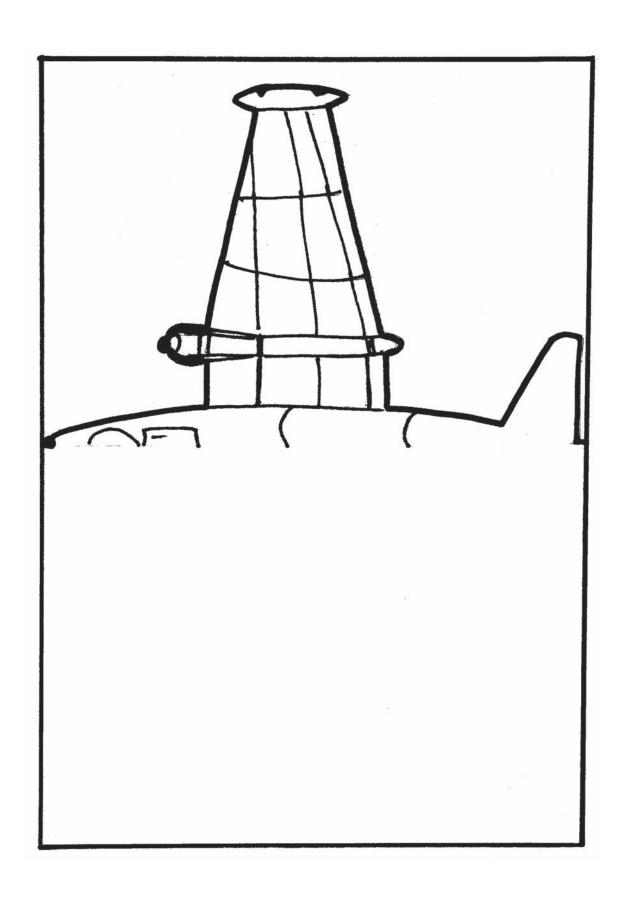
#### DIRECTIONS FOR ALL ONE FOLD PAPER CUTTING ART

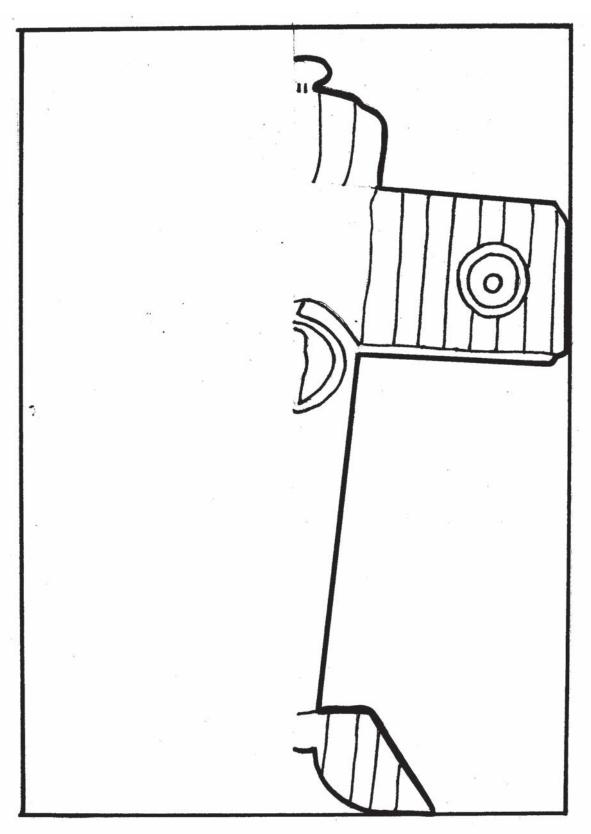
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- 7. OPEN THE FOLD! You have a silhouette image.
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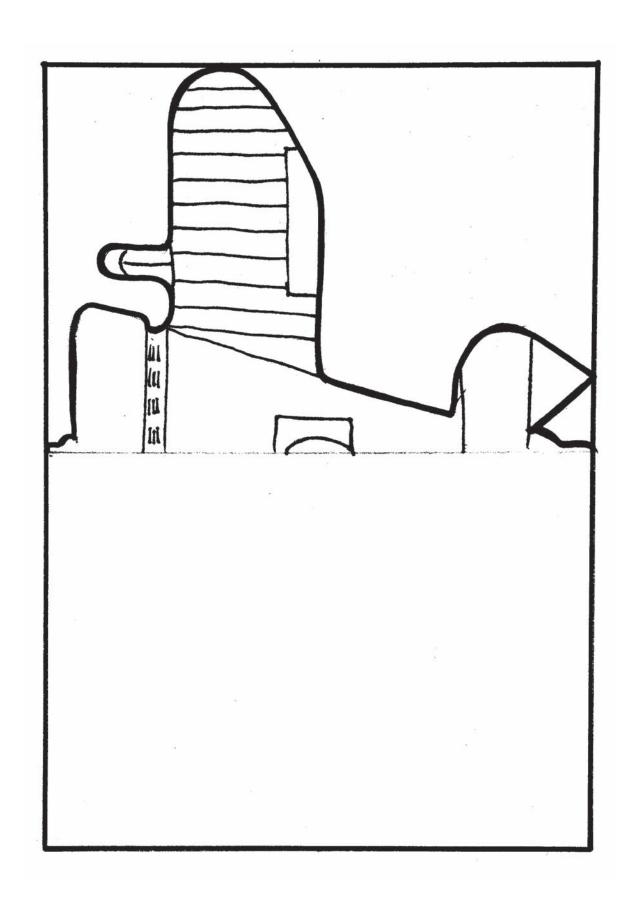
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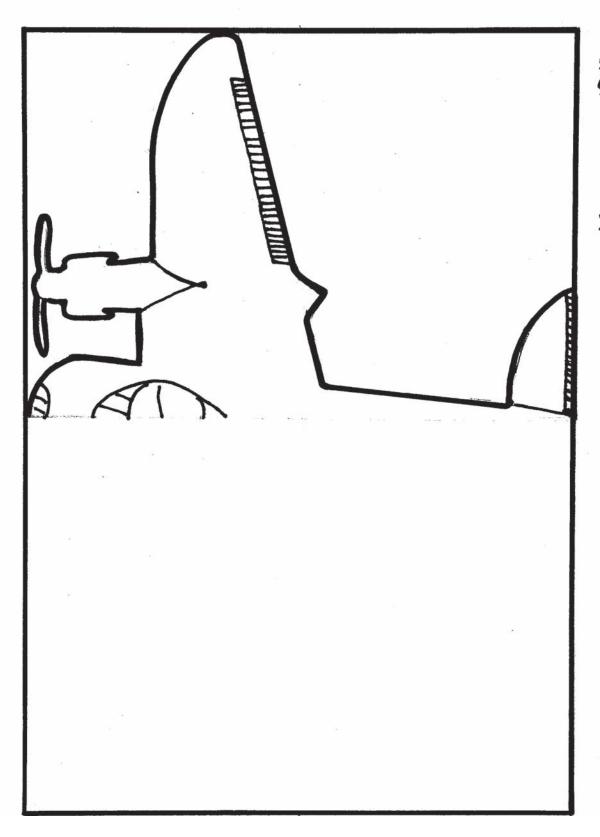
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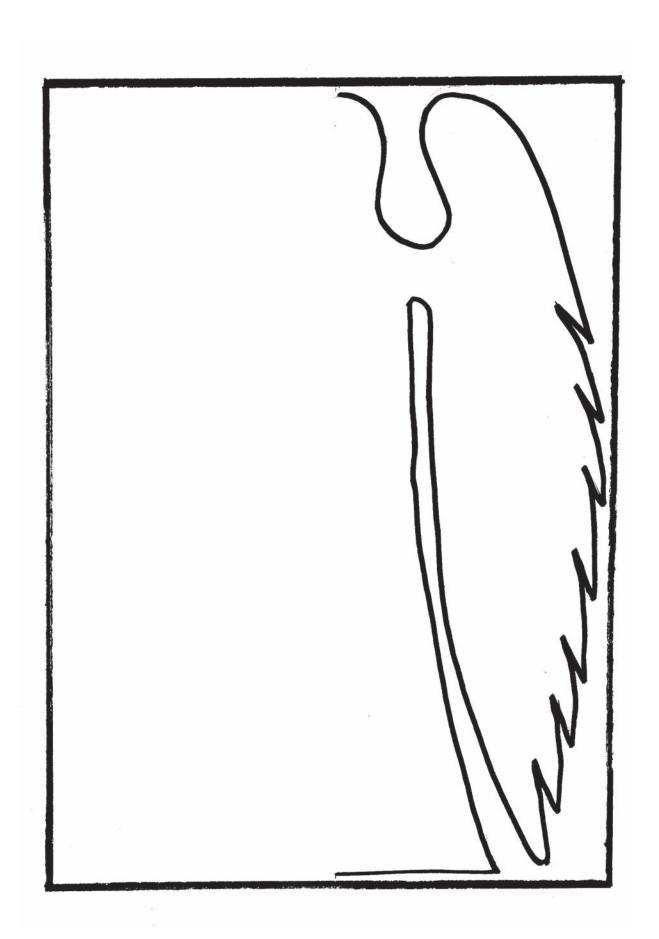


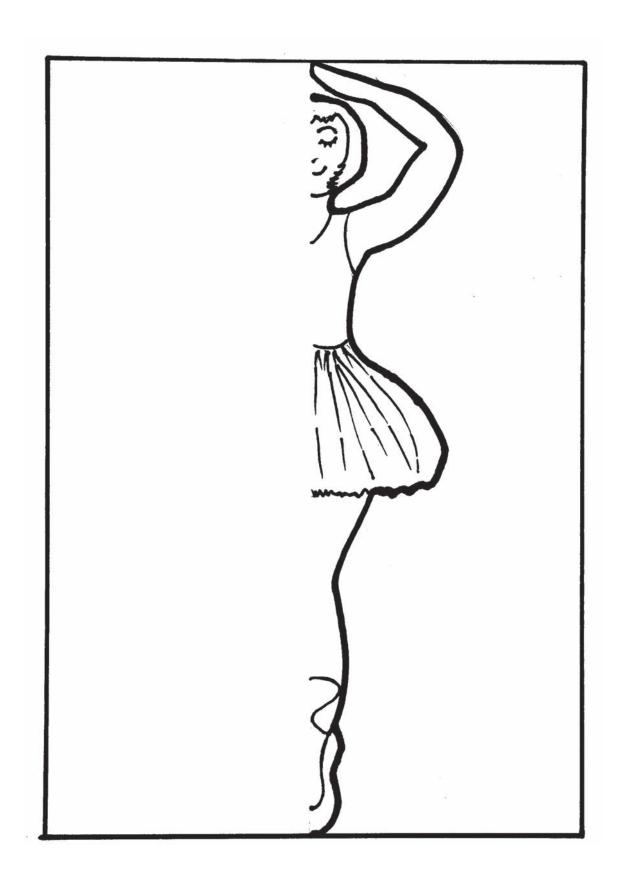


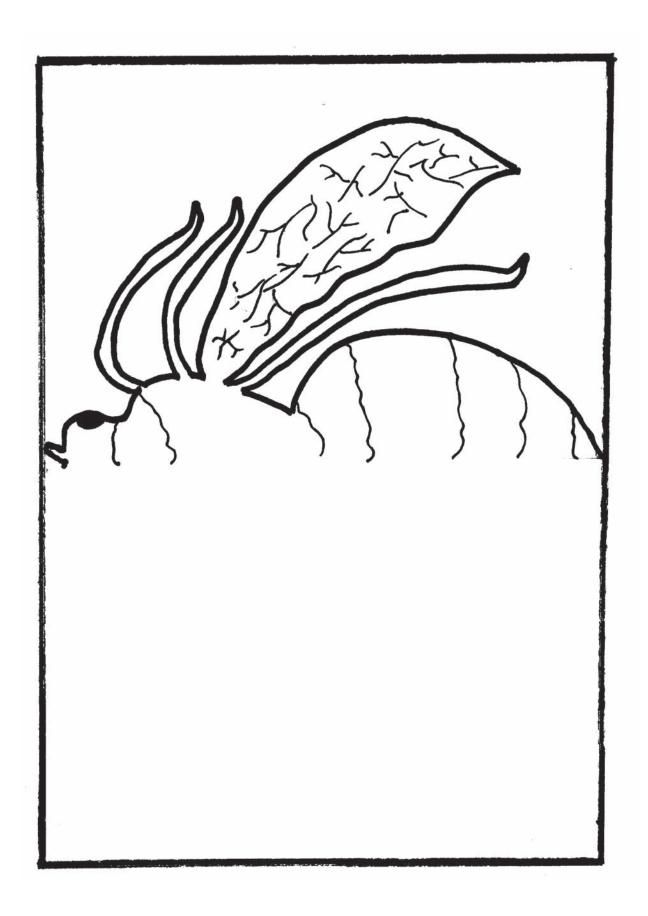
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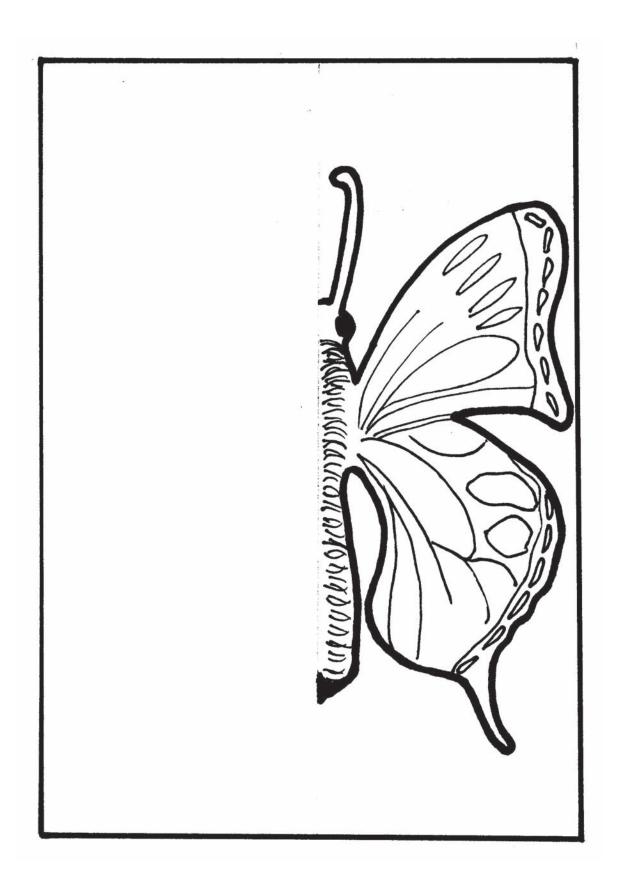


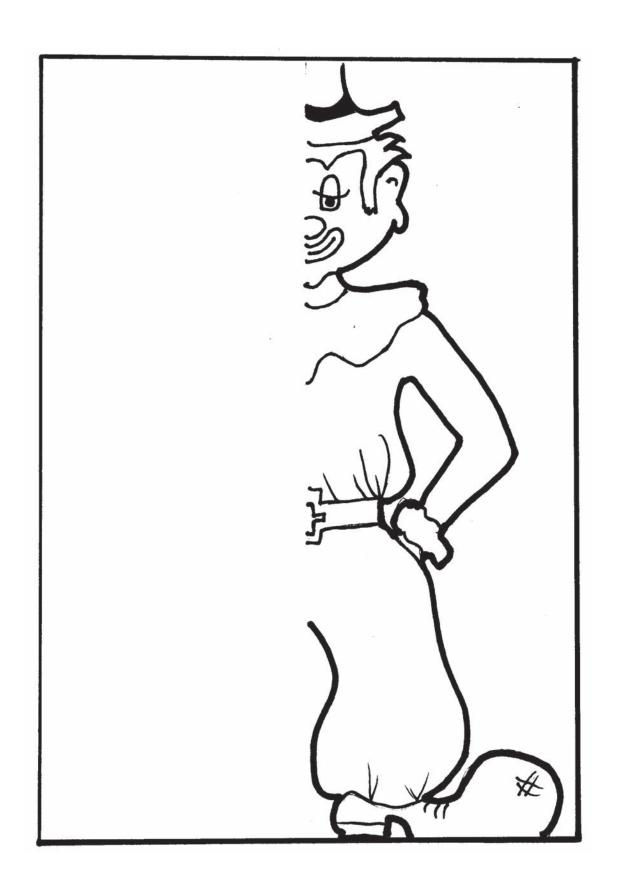


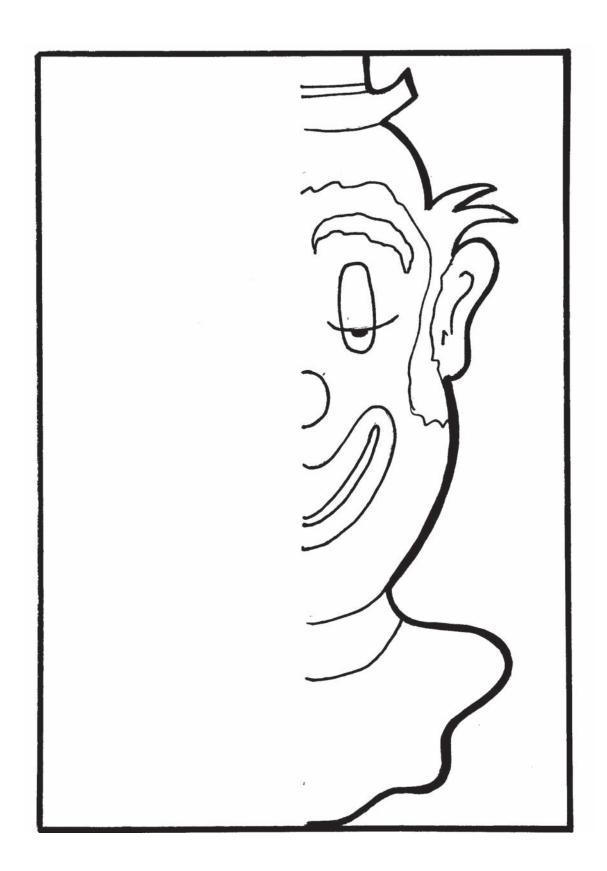




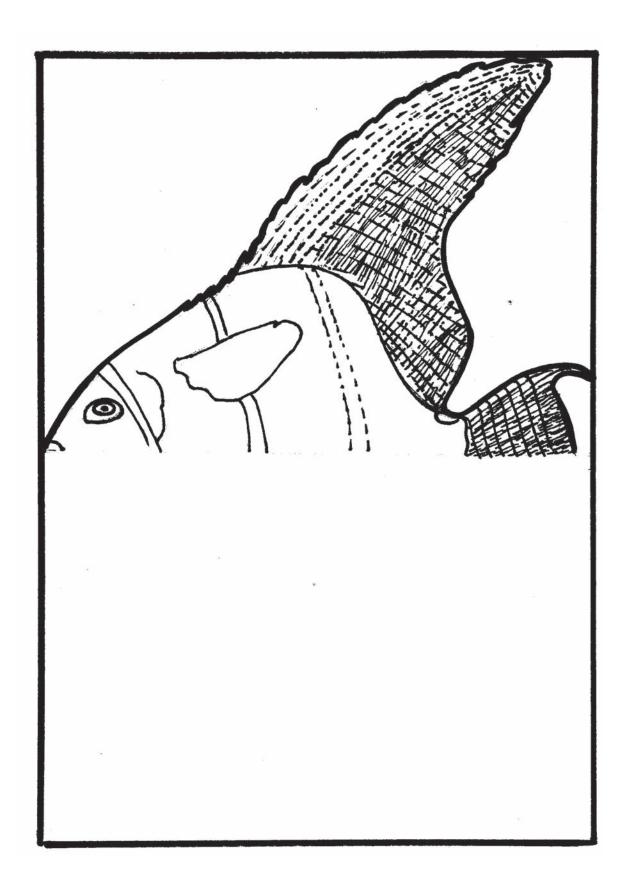


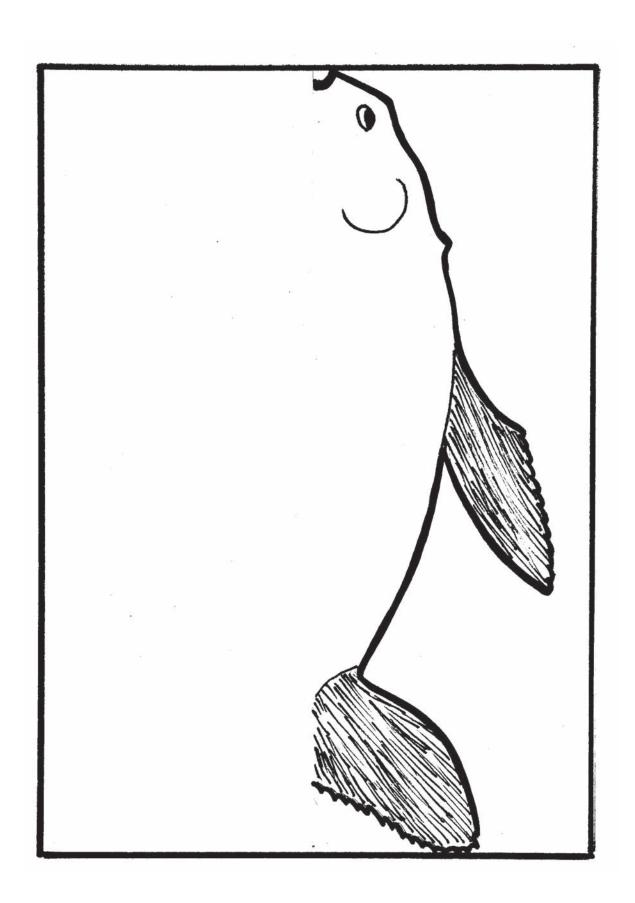


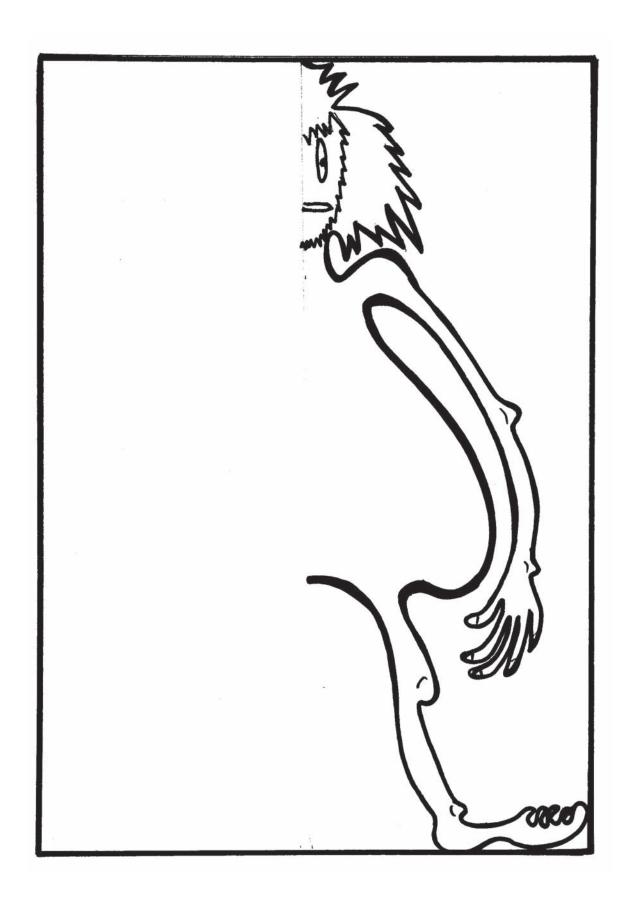


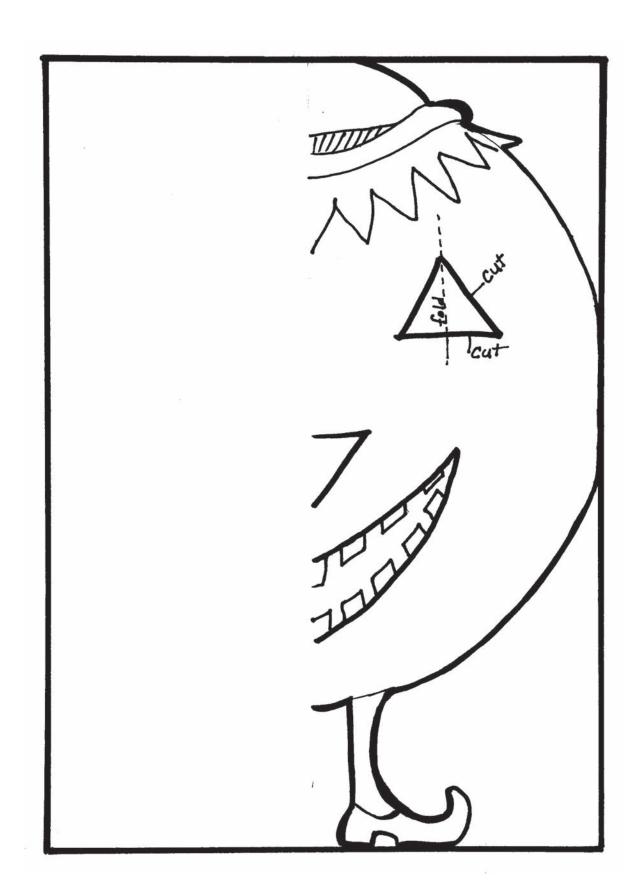


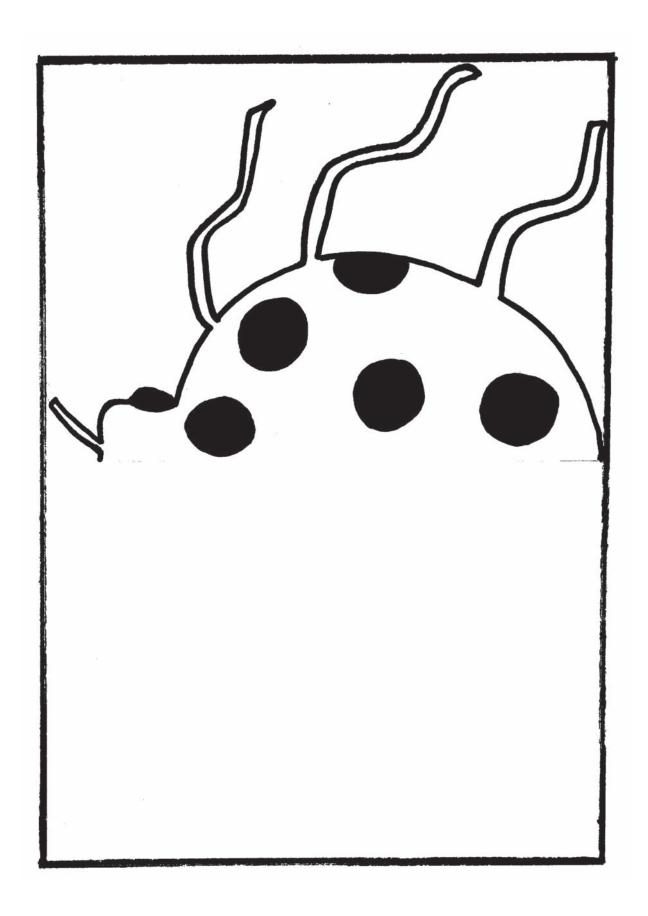


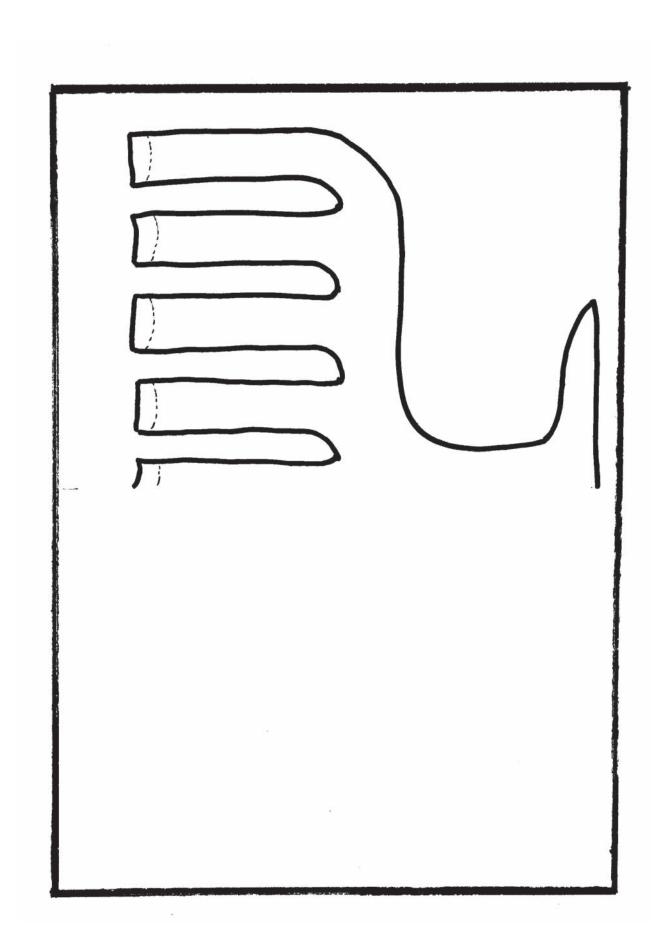


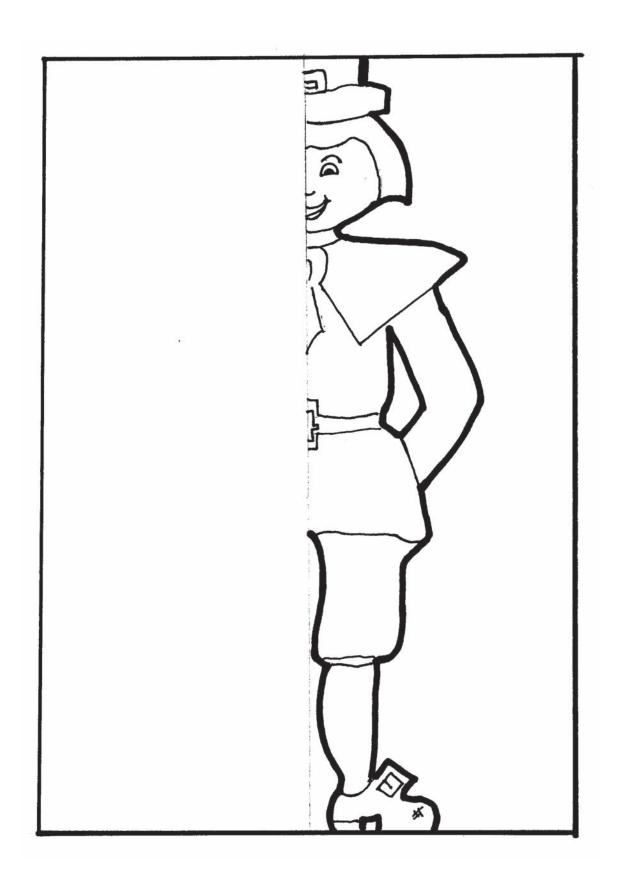




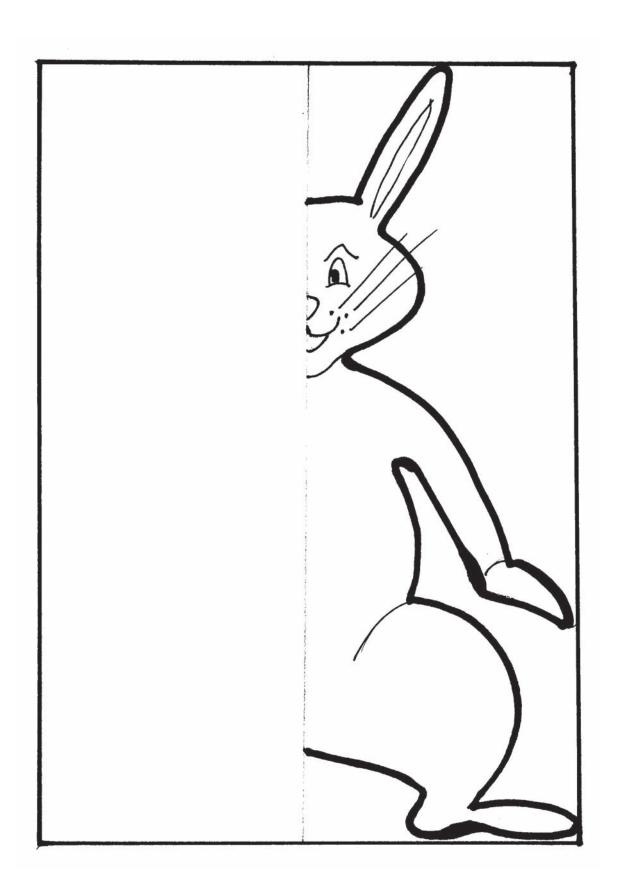




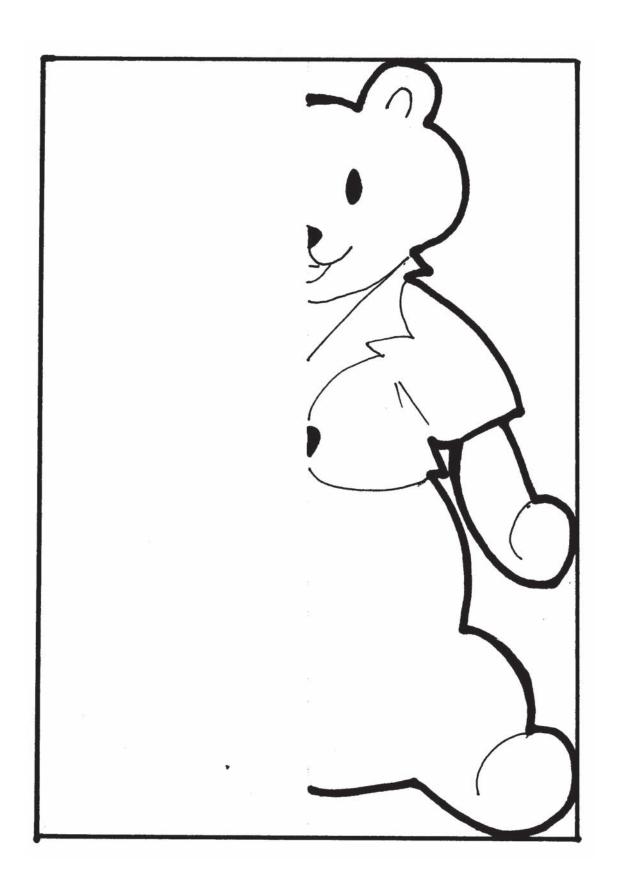


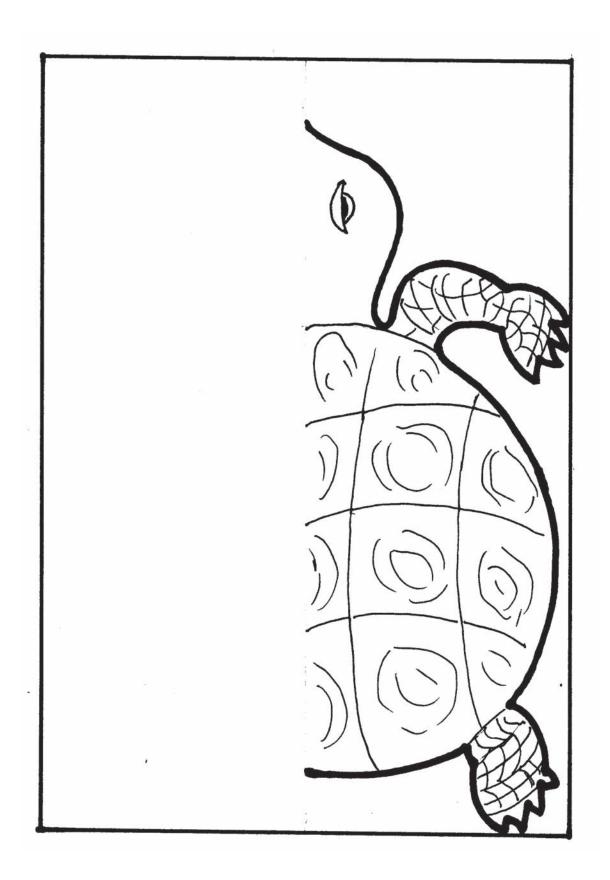




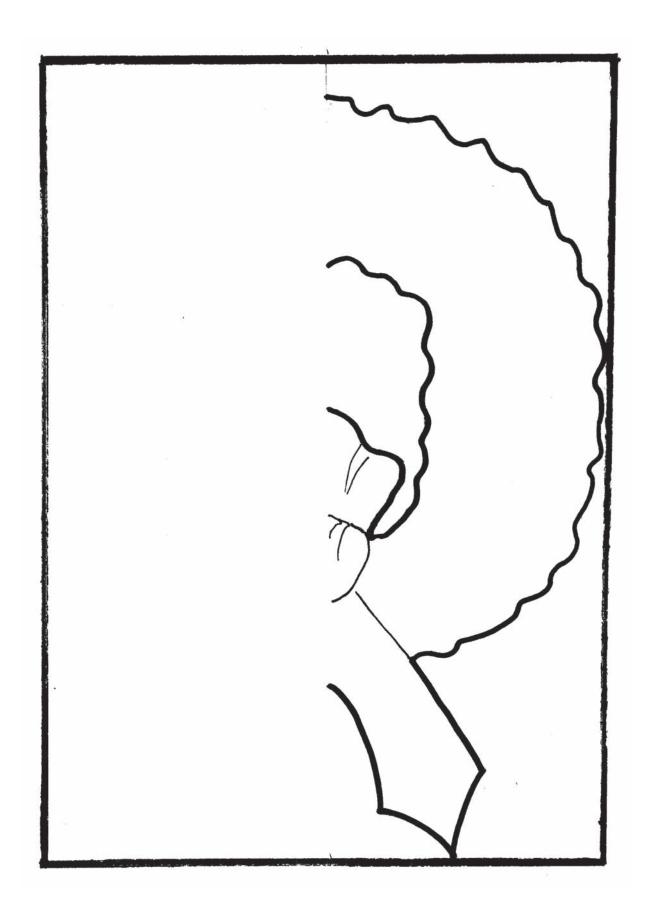


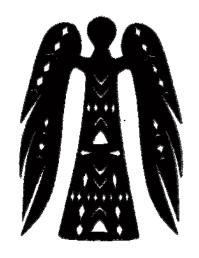












# ONE FOLD SCISSOR ART

BOOK III

SEVENTEEN SIMPLE PATTERNS
FOR
MULTI-FOLDS & MULTI-CUTS
WITH
PICTURES



### **MULTI-FOLDS & MULTI-CUTS**

### **CONTENTS**

Table of Contents		
Suggested Uses for Cut outs		
General Directions for Multi-folds & Multi-	ti-cuts	Iv
PATTERNS AND PICTURES IN ALPAI	BETICAL ORDER	
	Picture	Pattern
Angel	1a	1
Butterfly		2
Christmas Ornament (1)	3a	3
Christmas Ornament (2)	4a	4
Christmas Tree	5a	5
Christmas Tree 3-D	6a	6
Church Window large	7a	7
Church Window small	8a	8
Fan (1)	9a	9
Fan (2)	10a	10
Geisha Girl	11a	11
Mardi Gras Mask	12a	12
Snowflake large	13a	13

Wreath ...... 17a

14

15

16

17

# SUGGESTED USES FOR CUT OUTS

## DECORATIONS FOR;

walls, bulletin boards, and windows
book markers (laminated)
place mats (laminated)
mouse pads (laminated)
celebrations
note cards

# General directions for multi-folds, multi-cuts

#### Types of paper to consider and experiment with:

- 1. different color copy paper
- 2. different color construction paper
- 3. butcher paper
- 4. wall paper
- 5. wrapping paper
- 6. wrapping tissue paper
- 7. crepe paper
- 8. newspaper
- 9. foil

#### Procedure for

- 1. select the pattern to cut out
- 2. select the kind of paper to use
- 3. make several copies of the pattern
- 4. fold the pattern in the center
- 5. position the kind of paper you will use between the fold evenly
- 6. with a small sharp scissor begin to cut the pattern out in duplicate
- 7. save the top pattern and fold the duplicate evenly many times the more folds you make and cut on, the more intricate the design

## About the types of cuts to make:

Keep space between the cuts as you snip out triangles, semi-circles, diamonds, thin curves and thin rectangular cuts. All these simple cuts should be small and repeated as often as you desire for an interesting design. Hold the folded pattern tightly and ALWAYS CUT ON THE FOLDS to create the designs for the patterns in Book III.

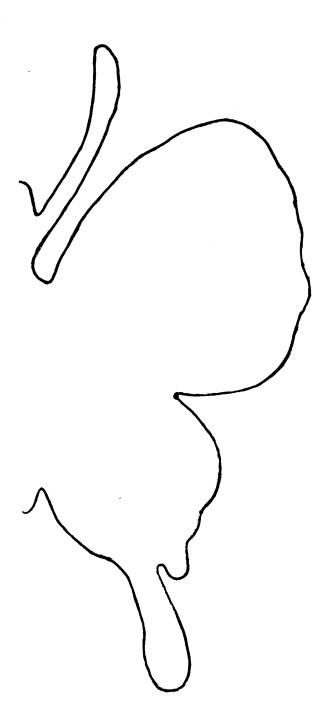
# Angel – 1



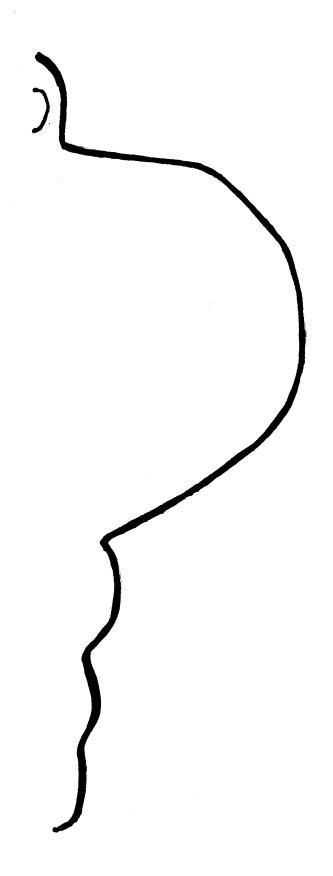
## Angel – 1a



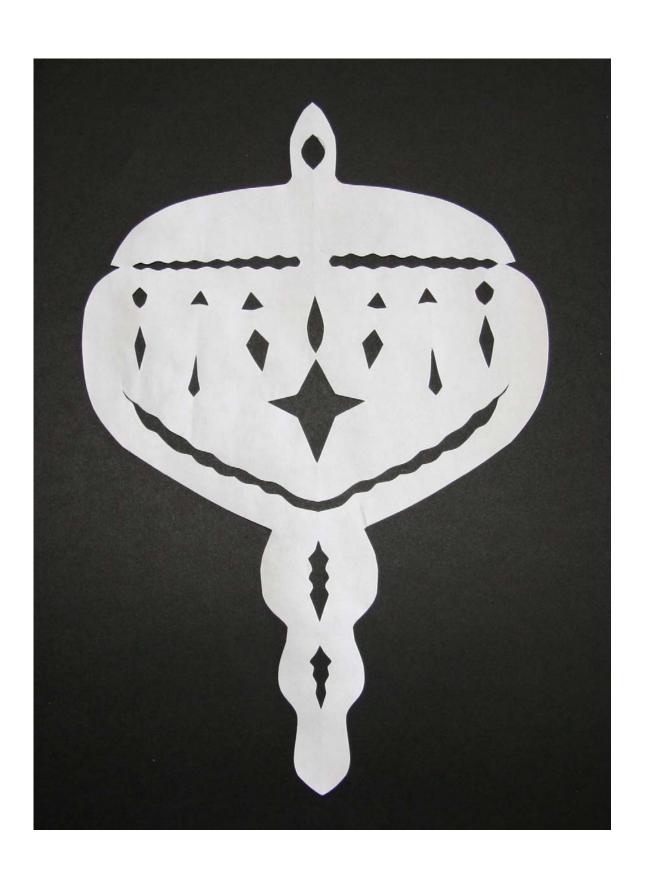
# Butterfly – 2



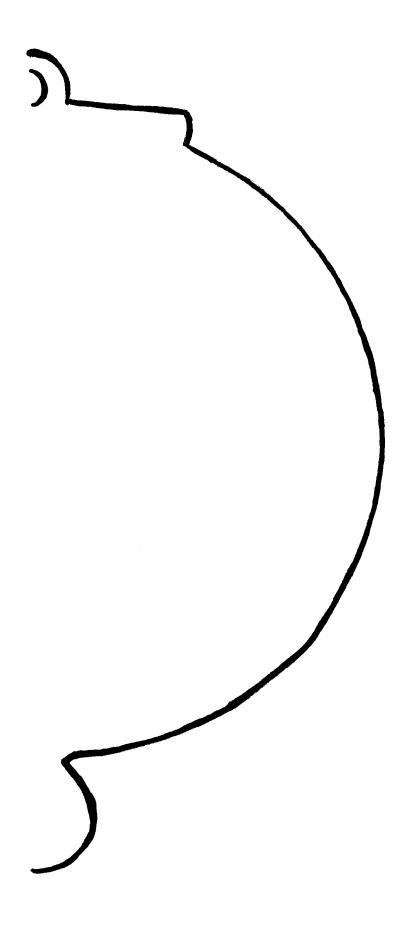




# **Christmas Ornament(1) – 3a**

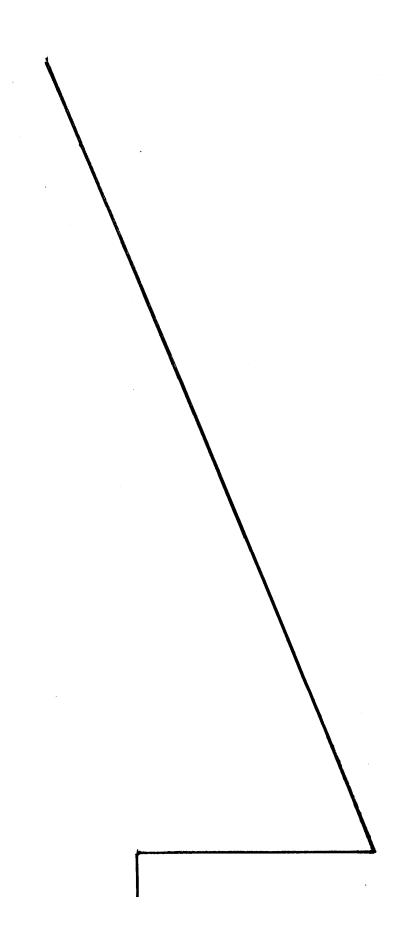


Christmas Ornament(2) – 4

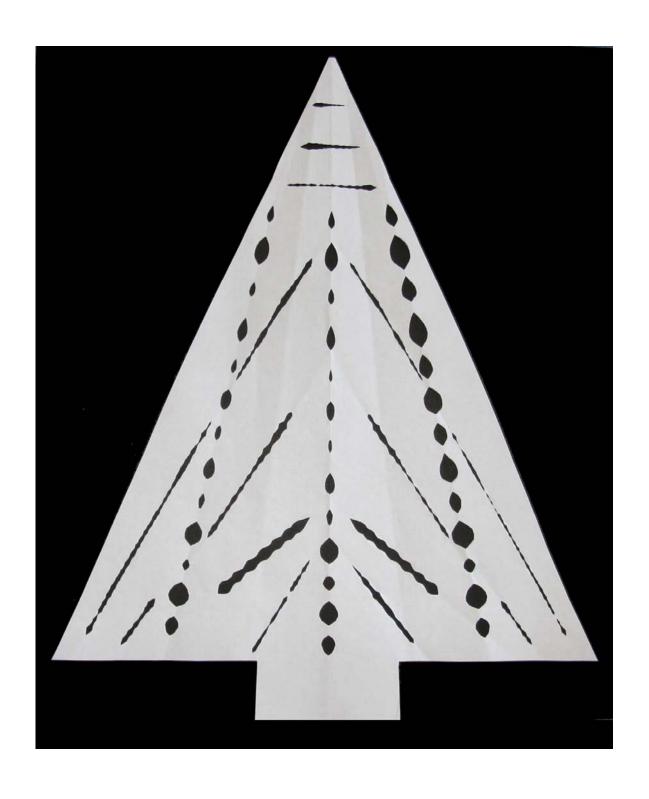


# Christmas Ornament(2) – 4a

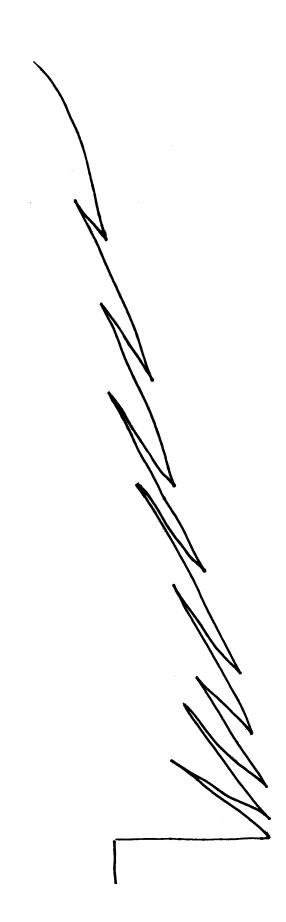




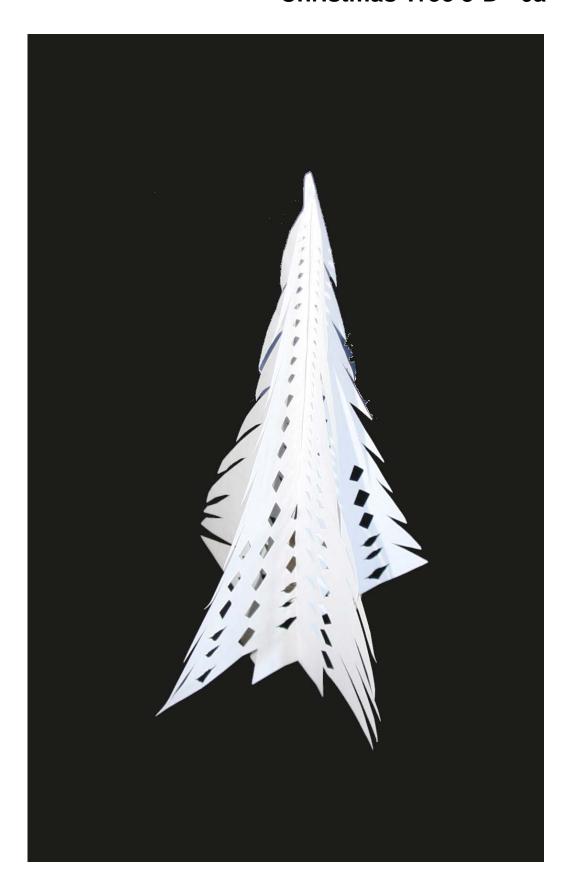
## **Christmas Tree – 5a**



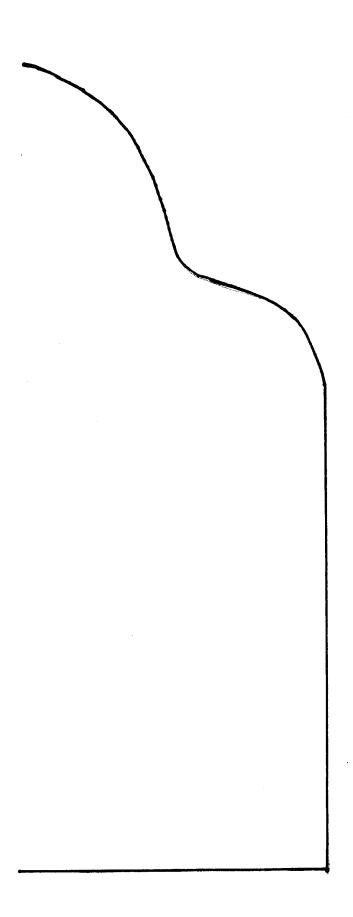
## **Christmas Tree 3-D-6**



#### **Christmas Tree 3-D-6a**

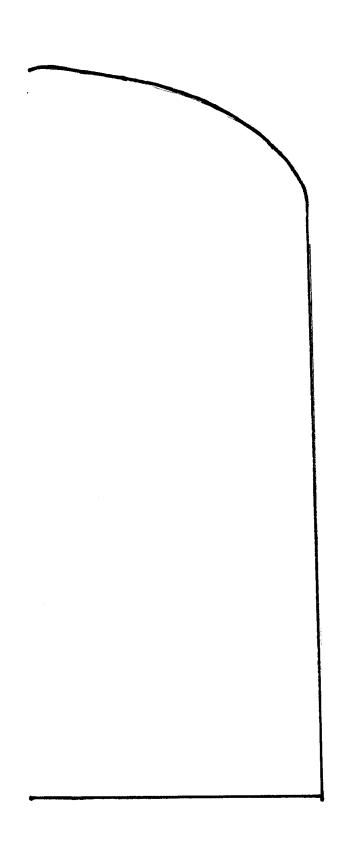


# **Church Window large – 7**





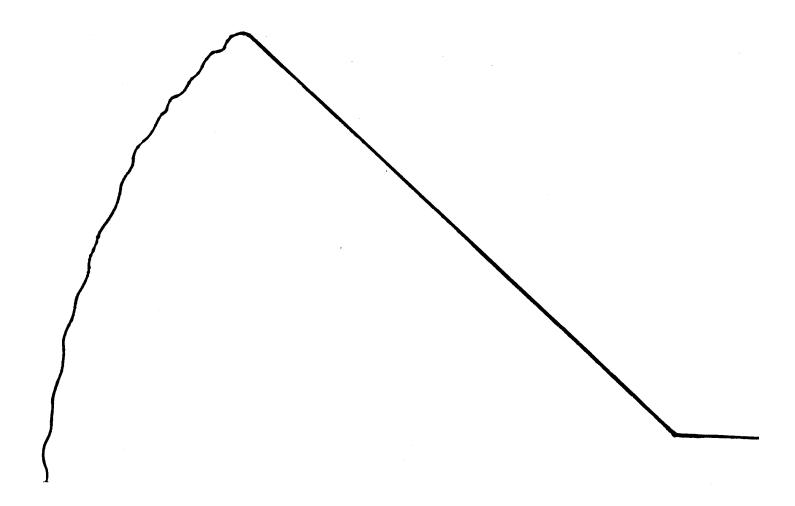
#### **Church Window small – 8**

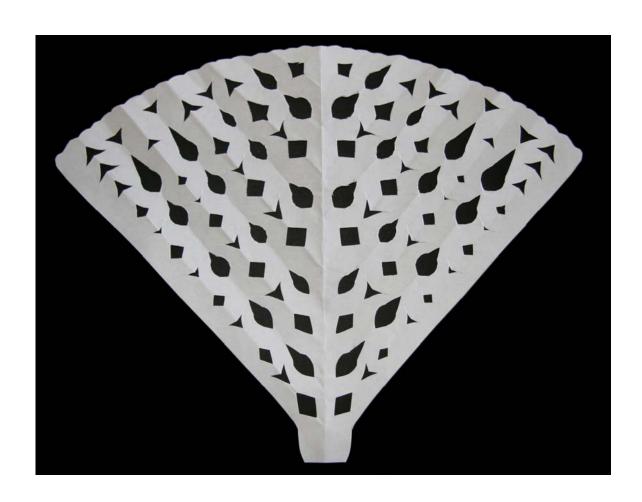


# **Church Window small – 8a**

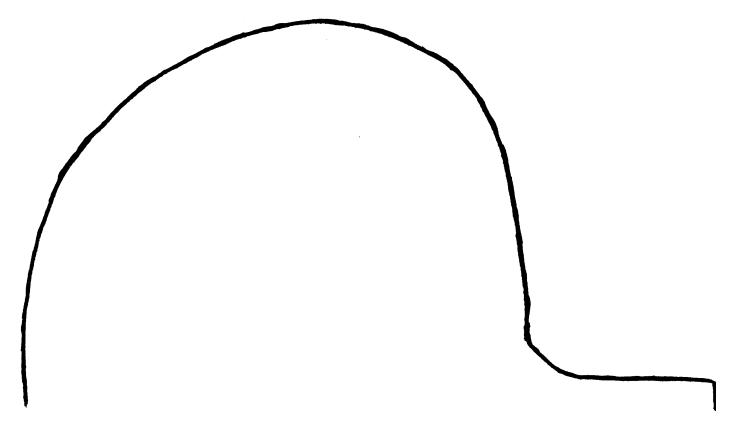


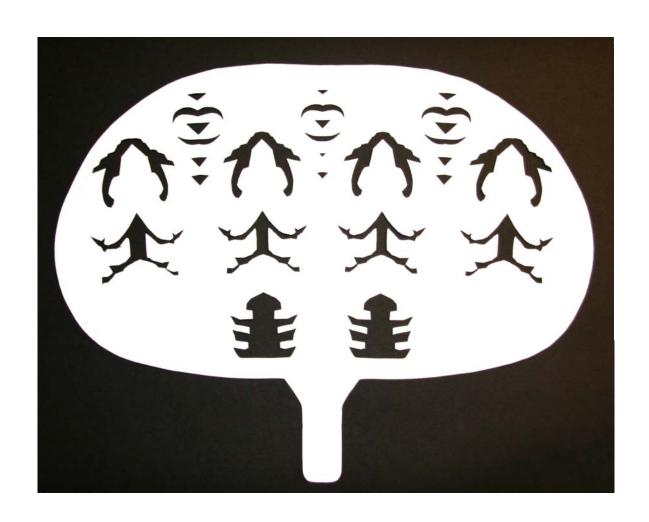
Fan (1) - 9



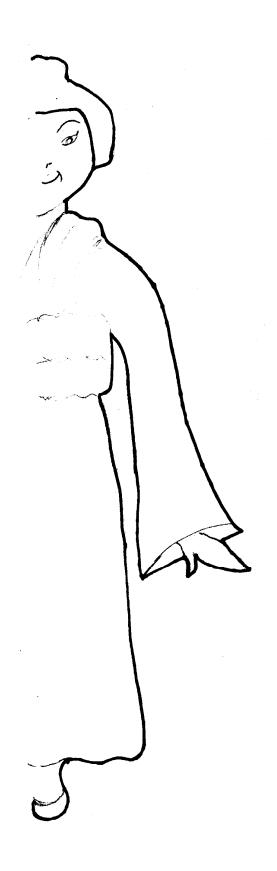


Fan (2)- 10





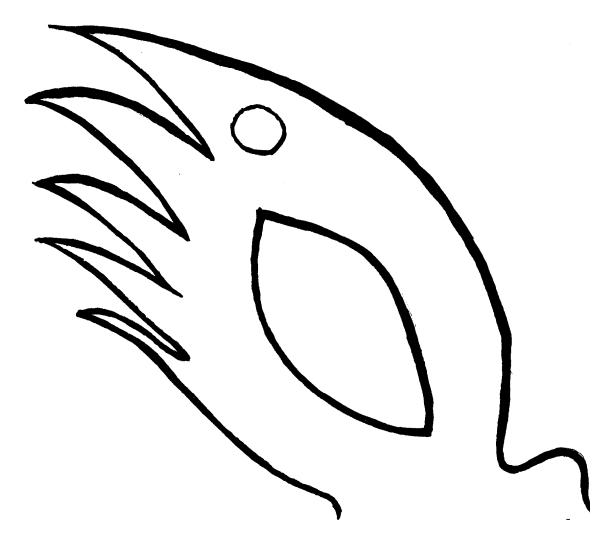
# Geisha Girl - 11



# Geisha Girl - 11a



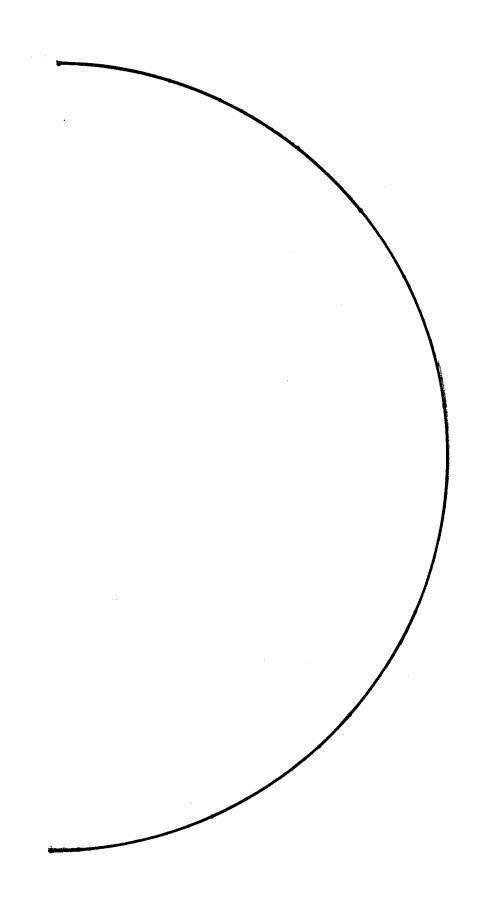
Mardi Gras Mask - 12



#### Mardi Gras Mask – 12a

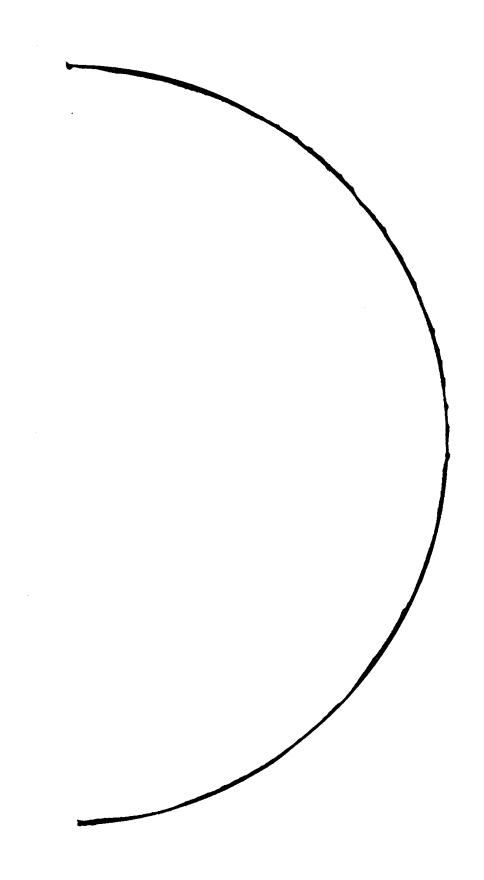


Snowflake large - 13





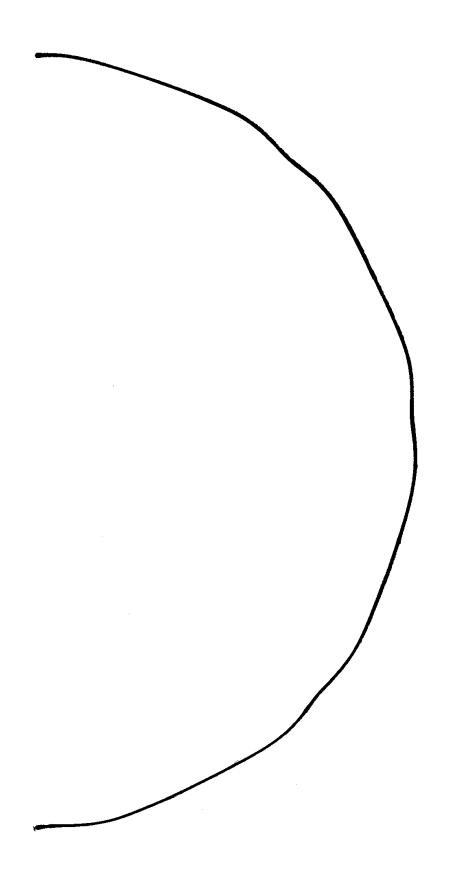
# Snowflake small - 14

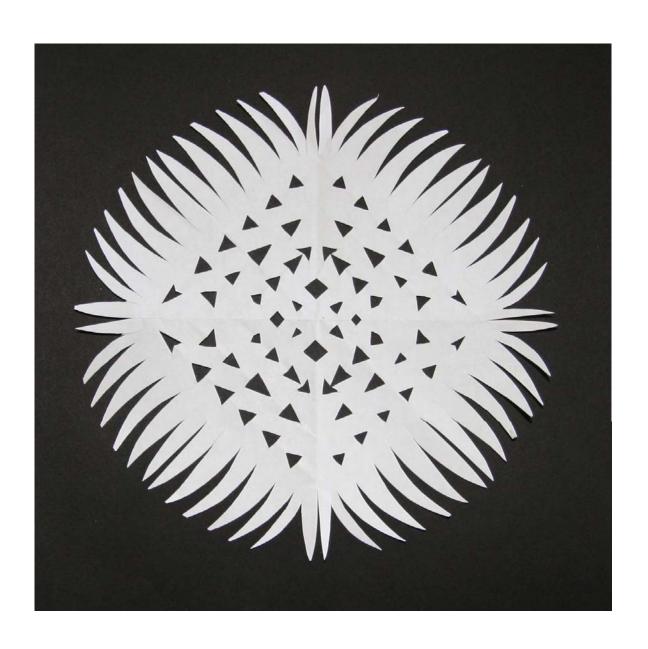


## Snowflake small – 14a

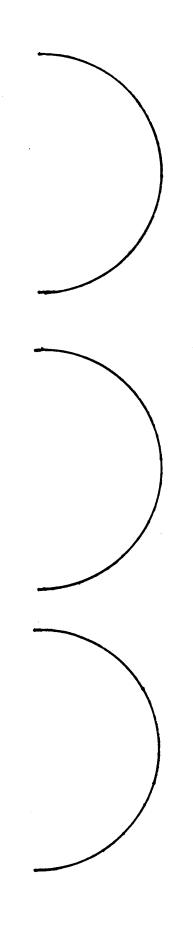


Wildflower large - 15





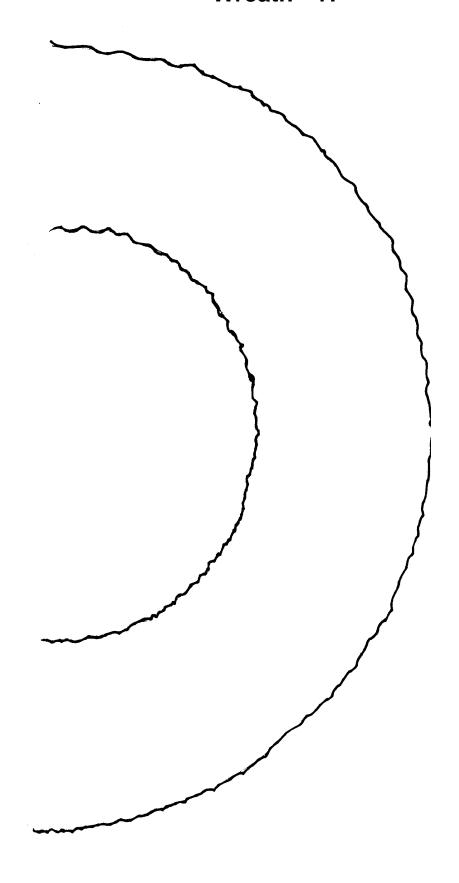
## Wildflowers small - 16



## Wildflowers small – 16a



Wreath - 17



## Wreath – 17a

